

I Will Survive!

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Pat Stott (UK)
音樂: I Will Survive - Gloria Gaynor



Start after 22 seconds on the word "back"
Dedicated To "Pat's Gang"

3 WALKS FORWARD, KICK, 2 WALKS BACK, TOUCH BEHIND, UNWIND $\frac{3}{4}$ LEFT

1-4 Walk forward - right, left, right, kick left forward
5-8 Walk back - left, right, touch left toe to back, unwind $\frac{3}{4}$ left (weight on left)

SIDE, RECOVER, CROSS, SIDE, RECOVER, CROSS, $\frac{1}{4}$ LEFT STEP BACK, $\frac{1}{2}$ LEFT STEP FORWARD, SIDE, STOMP

1&2 Rock right to right, recover on left, cross right over left
3&4 Rock left to left, recover on right, cross left over right
5-6 Turn $\frac{1}{4}$ left stepping back on right, turn $\frac{1}{2}$ left and step forward on left
7-8 Step right to right, stomp left to right with weight

SIDE, BEHIND, $\frac{1}{4}$ LEFT STEPPING BACK, HEEL, CLOSE, CROSS, SIDE, CROSS, HOLD, BACK, HEEL, CLOSE, FORWARD

1-2 Step right to right, cross left behind right
&3 Turn $\frac{1}{4}$ to left stepping back on right, left heel forward (heel jack)
&4 Close left to right, cross right over left
&5 Step left slightly to left side, cross right over left
6 Hold
&7 Step back on left, right heel forward (heel jack)
&8 Close right to left, step forward on left

ROCK FORWARD, RECOVER, $\frac{1}{2}$ SHUFFLE TURNING RIGHT, STEP FORWARD, $\frac{1}{2}$ PIVOT RIGHT, KICK, BALL, STEP, CLOSE

1-2 Rock forward on right, recover on left
3&4 Turning $\frac{1}{2}$ to right - step right, left, right (advanced dancers can turn $1\frac{1}{2}$ to right)
5-6 Step forward on left, $\frac{1}{2}$ pivot right (weight on right)
7&8 Kick left forward, step onto the ball of left, step forward on right
& Quickly close left to right

REPEAT

TAG

After 7th sequence (facing 12:00) the music fades. Step left to left and hold a pose (be imaginative). Restart dance when the music kicks in starting on "oh now go"