

I Will Survive

COPPER **KNOB**
BY SHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: The Challengers
音樂: I Will Survive - Magill



Dance starts abruptly on laser beam sounds after the words 'how to get along' of the slowly sung introduction

KICK BALL CROSS, ROCK RECOVER, CROSS SHUFFLE, STEP BEHIND

1&2 Kick right forward, step right beside left, cross left over right
3-4 Rock right to right side, rock onto left in place
5&6 Cross right over left, step left to left side, cross right over left
7-8 Step left to left side, step right behind left

SHUFFLE ¼ TURN, FORWARD ROCK, WALK BACK (OR SLIDES WITH KNEE POPS)

9&10 Shuffle ¼ turn left, stepping - left, right, left
11-12 Rock forward on right, rock back on left
13 Step right back, (alternative: slide right back taking weight and popping left knee forward)
14 Step left back, (alternative: slide left back taking weight and popping right knee forward)
15 Step right back, (alternative: slide right back taking weight and popping left knee forward)
16 Step left back, (alternative: slide left back taking weight and popping right knee forward)

Optional: use 'bold marching arms' for counts 13-16, raise arms left-right-left-right with clenched fist across front of body at chest height when traveling backwards

KICK BALL POINT, SAILOR STEP, LOCK ½ UNWIND, KICK BALL TOUCH

17&18 Kick right forward, step right beside left, point left to left side
19&20 Cross left behind right, step right to right side, step left to left side
21-22 Lock right behind left, unwind ½ to right
23&24 Kick left forward, step left beside right, touch right beside left

RIGHT SHUFFLE, LEFT SHUFFLE, TOUCH, KICK, BALL CHANGE, TOUCH

25&26 Step forward right, close left beside right, step forward right
27&28 Step forward left, close right beside left, step forward left
29-30 Touch right beside left, kick right forward
&31-32 Step right beside left, step left beside right, touch right beside left

REPEAT

TAG

Start the dance with the tag then dance the tag again every time you return to the front 12:00 wall. The music guides you; listen for the laser beams shooting! The dance finishes on the tag and for added effect end with feet apart and both arms outwards up in the air for last two counts. Do the tag with attitude you are trying to survive!

STOMP FORWARD (SHOOT), HOLD, STEP BACK (RETREAT), HOLD TWICE

1 Stomp right forward. As you stomp, put left arm behind back and with right hand in shape of a gun 'shoot' forward
2-4 Hold pose for three counts
5 Step right back. As you move back put right arm behind back and place left arm diagonally across chest
6-8 Hold pose for three counts
9-16 Repeat steps 1-8

Repeat tag each time you return to the start wall (12:00)

