I Want 2 B

拍數: 32

級數: Intermediate

編舞者: Chris Cleevely (UK)

音樂: Scared Like That - Kevin Sharp

RIGHT CHASSE, ¼ TURN LEFT, ROCK BACK, RECOVER; FORWARD LEFT SHUFFLE; ROCK FORWARD, RECOVER

- 1&2 Chasse right, stepping right/left/right
- 3-4 Making ¼ turn left, rock back on left, recover weight on right
- 5&6 Left shuffle forward, stepping left/right/left
- 7-8 Rock forward right, recover weight on left

PIVOT ½ TURN RIGHT, STEP LEFT: LEFT ½ TURNING SHUFFLE; ROCK BACK, RECOVER; STEP, ¼ TURN RIGHT, STEP, TOUCH

- 9-10 Pivot ½ turn over right shoulder, stepping forward on right, step forward on left
- 11&12 Shuffle ½ turn left, stepping right/left/right
- 13-14 Rock back on left, recover weight on right
- 15-16 Making ¼ turn right, step left to left side, touch right by left

FORWARD RIGHT MAMBO; FULL TURN OVER LEFT SHOULDER (OR LEFT COASTER STEP); FORWARD RIGHT MAMBO; LEFT SCUFF ¼ TURN LEFT

- 17&18 Rock right forward, recover weight on left, step right in place
- 19&20 Make a full turn over left shoulder (on the spot), stepping left/right/left (or left coaster step)
- 21&22 Rock right forward, recover weight on left, step right in place
- 23-24 Scuff left ¼ turn left, step left in place

POINT FORWARD, POINT RIGHT; POINT FORWARD, POINT RIGHT; SWITCH WEIGHT, POINT LEFT, SWITCH WEIGHT, POINT RIGHT; SWITCH WEIGHT, LEFT HEEL, SWITCH WEIGHT, TOUCH

- 25-26 Point right toes forward, point right toes to right side
- 27-28 Point right toes forward, point right toes to right side
- &29&30 Transfer weight onto right foot, point left to left side, transfer weight onto left foot and point right to right side
- &31&32 Transfer weight onto right foot, present left heel forward, transfer weight onto left foot and touch right toes by left

REPEAT

FINISH

'Prince' track only: Dance up to and including step 10, then forward right shuffle, rock forward on left, recover weight on right, step back on left and touch right toes across left (this finishes the dance facing the front wall)





牆數:4