I Want It All

拍數: 32

級數: Intermediate nightclub

編舞者: Ed Lawton (UK) & Darren Bailey (UK)

音樂: All or Nothing - O-Town

STEP, RECOVER, BACK, ¼ TURN, WEAVE, SWEEP, BEHIND, SIDE, CROSS, RECOVER, ½ TURN, STEP

- 1-2& Step forward left, recover weight back on right, step back left
- 3-4 Turn ¼ right stepping right to right side, step left across right
- &-5 Step right to right side, step left behind right
- &-6 Sweep right to right side, step right behind left
- &-7 Step left to left side, cross right over left towards left diagonal
- 8&1 Recover weight on left, turn ½ right stepping forward right (still on diagonal), step forward left on left diagonal

RECOVER, 3/8 TURN, WALKS, MAMBO ½ TURN, STEP, FULL TURN FORWARD

- 2 Recover weight to right
- & Turn 3/8 left stepping forward left (to straighten up to 3:00 wall)
- 3-4-5 Step forward right, left, right
- 6&7 Rock forward left, recover weight to right, turn ½ left stepping forward on left
- 8&1 Step forward right, turn ½ right stepping back on left, turn ½ right stepping forward on right sweeping left out to left side

Alternative:

&1 Walk forward left, right

CROSS, BACK, ¼ TURN, HIP SWAYS, CROSS, ROCK, RECOVER, CROSS, ¼ TURN, BACK

- 2&3 Cross left over right, step back on right, turn ¼ left stepping left to left side
- 4&5 Sway hips right, left, right
- 6&7 Cross left over right, recover weight to right, step left to left side
- 8 Cross right over left

Restart here during wall 3

&1 Turn ¼ right stepping back left, step back right

MAMBO STEP, PIVOT ½ TURN, MAMBO ½ TURN, FULL TURN FORWARD

- 2&3 Rock back left, recover weight to right, step forward left
- 4-5 Step forward right, pivot ½ turn left
- 6&7 Rock forward right, recover weight to left, turn ½ right stepping forward on right
- 8 Turn ½ right stepping back on left
- & Turn ½ right stepping forward on right

Alternative:

8& Walk forward left, right

REPEAT

RESTART

The restart is during wall 3, after count 24, facing 12:00





牆數:4