

I Truly Believe

COPPER **KNOB**
BY STEPHEN BATES

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Rhiannon Louise Carstairs
音樂: Born to Try (Graham Stack Remix) - Delta Goodrem



2 STEP GRAPEVINE LEFT, ¼ TURN LEFT SHUFFLE FORWARD, PIVOT ½ TURN RIGHT, RIGHT SHUFFLE FORWARD

1-2 Left to left side, right behind left
3&4 Making ¼ turn left step forward left, step right next to left, step forward left
5-6 Step forward right turning a half left
7&8 Right shuffle forward stepping, right, left, right

HIP BUMPS, ¼ TURN LEFT SHUFFLE FORWARD, PIVOT ½ TURN RIGHT, RIGHT SHUFFLE FORWARD

9-10 Step left slightly left bumping hips left, bump hips right
11&12 Making ¼ turn left step forward left, step right next to left, step forward left
13-14 Step forward right turning a half left
15&16 Right shuffle forward stepping, right, left, right

POINT FORWARD, SIDE, CROSS SHUFFLE, (RIGHT & LEFT)

17-18 Point left toe forward, point left toe to left side
19&20 Cross step left over right, step right to right side, cross step left over right
21-22 Point right toe forward, point right toe to right side
23&24 Cross step right over left, left to left side, cross step right over left

SIDE ROCK, CROSS SHUFFLE RIGHT, ¼ TURN LEFT, ½ TURN LEFT, SHUFFLING ½ TURN LEFT

25-26 Rock to left side on left, recover on right
27&28 Cross step left over right, step right to right side, cross step left over right
29-30 Step back on right making a ¼ turn left, step back with left, making a ½ turn left on ball of right
31&32 Right shuffle forward making a ½ turn left stepping, right, left right

BACK ROCK, LOCK FORWARD ROCK BACK LOCK

33-34 Left rock back recover onto right
35&36 Step forward on left, lock right behind left, step forward on left
37-38 Right rock forward, recover onto left
39&40 Step back on right, lock left in front of right, step back on right

SWAY LEFT, RIGHT, ¼ TURN SHUFFLE, RIGHT KICK-BALL-POINT, POINT RIGHT, CROSS, UNWIND

41-42 Sway left, sway right
43&44 Making ¼ turn step forward left, step right next to left, step forward left
45&46& Kick right forward, step right beside left, point left toe to left side, step left next to right, point right to right side
47-48 Cross right over left unwind half turn, left, (weight remains on right foot)

REPEAT

RESTART 1

Wall 2: dance up to count 24 as written, then start the dance again

RESTART 2

Wall 7: dance up to count 40 as written, then start the dance again

FINISH

Slow the dance down with the music and finish on count 32
