I Think About Angels



拍數: 0 牆數: 2 級數: Intermediate/Advanced

編舞者: Lana Harvey (USA)

音樂: When I Think About Angels - Jamie O'Neal



Sequence: ABC, ABC, BCCC

This dance is dedicated to Tony. It is the same as my dance "Think Again", and danced to the same tune, exept this version has Part C.

PART A, (VERSE) 32 COUNTS

16 count pattern is done first starting on right and then repeated starting on left FORWARD ROCK, RECOVER, STEP BACK, SHUFFLE ½ TURN, FORWARD ROCK, RECOVER, SHUFFLE ¾ TURN

1-3 Rock forward on right, recover back on left, step back on right

Shuffle in place left-right-left turning ½ left
Rock forward on right, recover back on left
Shuffle in place right-left-right turning ¾ right

FORWARD, ROCK, RECOVER, BACK COASTER, ½ PIVOT, STEP FORWARD

2-3 Rock forward left, recover back on right

4&5 Step back on left, step right next to left, step forward on left

6-7 Touch right toe forward, pivot ½ left on ball of left, weight ending on left

8 Step forward right

FORWARD ROCK, RECOVER, STEP BACK, SHUFFLE ½ TURN, FORWARD ROCK, RECOVER, SHUFFLE ¾ TURN

1-3 Rock forward on left, recover back on right, step back on left

Shuffle in place right-left-right turning ½ right Rock forward on left, recover back on right Shuffle in place left-right-left turning ¾ left

FORWARD, ROCK, RECOVER, BACK COASTER, ½ PIVOT, STEP FORWARD

2-3 Rock forward right, recover back on left

4&5 Step back on right, step left next to right, step forward on right

6-7 Touch left toe forward, pivot ½ right on ball of right, weight ending on right

8 Step forward left

PART B (BRIDGE) 16 COUNTS

8 count pattern is repeated exactly with an optional full forward turn on either one.

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, 1/2 PIVOT, WALKS OR FULL FORWARD TURN

1-2 Rock forward on right, recover back on left3-4 Rock back on right, recover forward on left

5-6 Touch right toe forward, pivot ½ left on ball of left, weight ending on left

7-8 Walk forward right, left

Optional turn: do a full forward turn, turning left, stepping right, left on 7-8 of bridge

9-16 Repeat 1-8 to finish Part B (Bridge)

PART C (CHORUS) 32 COUNTS

16 count pattern is repeated exactly.

FORWARD, FRONT CROSS, BACK, SYNCOPATED WEAVE, FRONT CROSS, SIDE, DRAG

1-2 Step slightly forward right, cross step left over right

&3 Step back on right, step left to left side

&4 Cross step right in front of left, step left to left side

Cross step right behind left, step left to left side
Cross step right in front of left, step left to left side
Drag right to left touching right toe next to left (no weight)
E, ½ TURN SHUFFLE, ¼ TURN SHUFFLE, BACK COASTER
Shuffle right-left-right to right side
Turning ½ left on ball of right, shuffle left-right-left to left side
Turning ¼ left on ball of left, shuffle right-left-right to right side
Step back on left, step right next to left, step forward on left
Repeat above 16 counts to finish Part C (Chorus)