

I Swear

拍數: 60 牆數: 2 級數: Intermediate/Advanced
編舞者: Ian St. Leon (AUS)
音樂: I Swear - John Michael Montgomery



RIGHT SIDE FACING LEFT 45, DRAG BEHIND, CHA-CHA full turn (RIGHT, LEFT, RIGHT), FACING RIGHT 45 STEP LEFT OVER RIGHT, BACK ON RIGHT, TURN ¼ LEFT - SHUFFLE FORWARD LEFT (LEFT, RIGHT, LEFT)

- 1-2-3&4 Step right to right side on left 45 from 12:00 and drag left slightly towards right, continue dragging left together and behind right taking weight on left, cha-cha full turn (right, left, right) and straighten up to 12:00
- 5-6-7&8 Turn to right 45 degrees from 12:00 and step left over right, rock back on right, turn ¼ left to face 9:00 and shuffle forward left (left, right, left)

ROCK FORWARD RIGHT, BACK ON LEFT, CHA-CHA 360, ROCK FORWARD LEFT, BACK ON RIGHT, TURN ¼ LEFT - SIDE SHUFFLE (LEFT, RIGHT, LEFT)

- 1-2-3&4 Rock forward on right, rock back on left, cha-cha full turn facing 9:00 (right, left, right)
- 5-6-7&8 Rock forward on left, back on right, turn ¼ left side shuffle (left, right, left) 6:00

ROCK FORWARD RIGHT, BACK ON LEFT, CHA-CHA BACK 540 DEGREES, ROCK FORWARD RIGHT, BACK ON LEFT, CHA-CHA BACK 540 DEGREES

- 1-2-3&4 Rock forward on right, rock back on left, cha-cha 540 degrees backwards 12:00
- 5-6-7&8 Rock forward on left, rock back on right, cha-cha 540 degrees backwards 6:00

ROCK RIGHT TO SIDE, LEFT IN PLACE, RIGHT BEHIND LEFT, LEFT TO SIDE, RIGHT TO SIDE, LEFT BEHIND RIGHT, RIGHT TO SIDE, LEFT IN FRONT, STEP FORWARD RIGHT, PIVOT

- 1-2-3&4 Rock right to right side, step left in place, step right behind left, step left to side, step right to side
- 5&6-7-8 Step left behind right, step right to side, step left in front turn to 45 right, step forward on right, pivot ¼ left and a bit to straighten up to 3:00 wall

CROSS WALKS RIGHT, LEFT, RIGHT, STEP FORWARD LEFT, PIVOT ½ RIGHT, STEP FORWARD LEFT SHUFFLE FORWARD RIGHT (RIGHT, LEFT, RIGHT)

- 1-2-3-4 Step right across left, step left across right, step right across left, step forward on left
- 5-6-7&8 Pivot turn ½ right, step forward on left, shuffle forward right (right, left, right)

ROCK FORWARD LEFT, BACK RIGHT, COASTER STEP, ROCK FORWARD RIGHT, BACK LEFT, ½ TURN SHUFFLE

- 1-2-3&4 Rock forward on left, rock back on right, left coaster step (left, right, left)
- 5-6-7&8 Step forward on right, back on left, turn ½ right - shuffle forward right (right, left, right)

ON 45'S COASTER STEP FORWARD, BEHIND, SIDE, FORWARD, COASTER STEP FORWARD, COASTER STEP BACK, ROCK SIDE, CENTER CROSS, ¼ TURN, ½ TURN

- 1&2-3&4 Facing 3:00 turn to right 45 - forward coaster step left, (left, right, left), step right behind left, step left to side straightening up, step right in front and turning to left 45 (from 3:00)
- 5&6-7&8 Forward coaster step left (left, right, left), back coaster step right (right, left, right)
- 1-2-3&4 Step left to left side straightening up to 3:00, step right in place, step left across right, turn ¼ left - step back on right, turn ½ left - step forward on left

REPEAT

TAG

On wall 2 at the end of the dance you need to add a 4 beat tag. Step to the right and sway hips (right, left,

right, left), then start the dance again.

Then on wall 5, you dance up to count 16, then add

Rock forward on right, back on left, turn $\frac{1}{2}$ right - walk forward (right, left)

And then start the dance again
