

# I Sho Do

拍數: 32      牆數: 4      級數: Improver social cha  
編舞者: Bobby Joe Meadows (USA) & Barbara Brown (USA)  
音樂: I Sho Do - Bonnie Raitt



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## STEP KICK STEP STEP, STEP KICK STEP STEP

1-2      Step on the right foot, kick the left foot across the right foot  
3-4      Step on the left foot, step on the right foot  
5-6      Step on the left foot, kick the right foot across the left foot  
7-8      Step on right foot, step on left foot

## HIPS RIGHT AND RIGHT AND RIGHT AND RIGHT, HIPS LEFT AND LEFT AND LEFT AND LEFT

1&2&      Step forward toward the right corner and bumps hips right and right and  
3&4      Bump hips right and right  
5&6&      Step forward toward left corner and bump hips left and left and  
7&8      Bump hips left and left

## ROCK TURN ½ TURN RIGHT, SHUFFLE, ROCK TURN ¾ TURN LEFT, SHUFFLE

1-2      Rock forward on the right foot, turn ½ turn right on the left foot  
3&4      Shuffle right, left, right to the right  
5-6      Rock forward on the left foot turn ¾ turn left on the right foot  
7&8      Shuffle forward left, right, left

## SIDE BEHIND SHUFFLE SIDE BEHIND SHUFFLE

1-2      Step the right foot toward the right corner, step the left foot behind the right foot  
3&4      Shuffle toward the right corner right; left, right  
5-6      Step the left foot toward the left corner., step the right foot behind the left foot  
7&8      Shuffle toward the left corner left, right, left

## REPEAT

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