I See It Now

拍數: 42

級數: Beginner waltz

編舞者: Warren Fleming (AUS)

音樂: I See It Now - Tracy Lawrence

FORWARD WALTZ, FORWARD WALTZ

Waltz step: long step then two shorter steps

- 1-3 Step forward onto right, step forward onto left, step forward onto right
- 4-6 Step forward onto left, step forward onto right, step forward onto left

BACKWARD WALTZ TURN, FORWARD WALTZ

- 7-9 Step backward onto right making ½ turn left, step forward onto left & right
- 10-12 Step forward onto left, step forward onto right, step forward onto left

BALANCE RIGHT, BALANCE LEFT

- 13-15 Step right to right side, cross left behind right taking weight off right, replace weight onto right (for the third count)
- 16-18 Step left to left side, cross right behind left taking weight off left, replace weight onto left

GRAPEVINE SIX WITH ½ TURN

- 19-21 Step right to right side, cross left behind right, step right to right side making ½ turn to the right
- 22-24 Step left to left side, cross right behind left, step left beside right

BALANCE RIGHT, BALANCE LEFT

- 25-27 Step right to right side, cross left behind right taking weight off right, replace weight onto right (for the third count)
- 28-30 Step left to left side, cross right behind left taking weight off left, replace weight onto left

GRAPEVINE SIX WITH ½ TURN

- 31-33 Step right to right side, cross left behind right, step right to right side making ½ turn to the right
- 34-36 Step left to left side, cross right behind left, step left beside right

HITCH SIX (MODIFIED)

- 37-39 Step forward onto right, step left beside right, step backward onto right
- 40-42 Step backward onto left, step right beside left, step forward onto left

REPEAT





牆數:2