I Said It's O.K.

拍數: 32

級數: Improver



音樂: Its Ok - Atomic Kitten

SIDE TOGETHER FORWARD, ¼ TURN, ½ TURN, HIP SWAYS, CHASSE

- 1&2 Step left to left side, step right next to left, step forward left
- 3-4 Turn ¼ left as you step right to side, on ball of right make ½ turn left stepping left to side
- 5-6 Big hip sway to right then left
- 7&8 Step right to right side, left next to right, right to right side

WEAVE, CROSS ROCK SIDE, CROSS, ¼ TURN, TRIPLE ½ TURN

- 1&2& Step left across right, right to side, left behind right, right to side
- 3&4 Rock left across right, recover on right, step left to side
- 5-6 Cross step right over left, make 1/4 turn right stepping back on left
- 7&8 Make 1/2 turn to right stepping right-left-right

KICK & CROSS, SIDE ROCK, SAILOR ½ TURN, ROCK STEP

- 1&2 Kick left foot forward, step down on left, cross step right over left
- 3-4 Rock to left side on left with hips, recover on right
- 5&6 Step left behind right, 1/4 turn right stepping forward right, 1/4 turn right stepping left to side
- 7-8 Rock right behind left, recover on left

ROCK & CROSS TWICE, ROCK & COASTER CROSS

- 1&2 Rock to right side on right, recover on left, step right across left moving forward
- 3&4 Rock to left side on left, recover on right, step left across right moving forward
- 5-6 Rock forward on right, recover on left
- 7&8 Step back on right, step left next to right, step right across left

REPEAT





牆數:2