

I Need Jah

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Ron Kline (USA)
音樂: I Want - Chaka Khan



DIAGONAL STEP, STEP, COASTER STEP, TWIST TURN, TRIPLE STEP AROUND

- 1-2 Step left forward diagonally left, step right forward even with left
3&4 Step back on ball of left, step on ball of right next to left, step forward left
5-6 Step right forward turning foot and upper body right (starting ½ turn right), quickly step left back (completing ½ turn right and facing 6:00)
7&8 Triple step around right, left, right making a ½ turn right with the steps (and traveling forward to 12:00)

ROCK STEP, AND BACK, TOUCH, WALK BACK, AND TOUCH, TOUCH

- 1-2 Rock forward left, recover weight right
&3-4 Quickly step left back, step right back, touch left toe forward
5-6 Walk back left, right
&7-8 Quickly step left back, touch right toe forward, touch right toe a little further forward

SKATE SIDE, SKATE FORWARD, LOW KICK AND SWEEP TOUCH, SLIDE SIDE, TOUCH

- 1-2 Raising right hip slide ball of right to right side, step onto right
3-4 Raising left hip slide ball of left forward, step onto left
5&6 Low kick right toe forward, turning ¼ right sweep right toe around, touch right next to left with heels together (weight stays on left, now facing 3:00)
7-8 Slide wide side right, drag left to touch next to right (clap hands optional)

TAP, TURN, STEP, TAP, TURN, TURN, STEP BACK, COASTER PREP, TURNING STEP SIDE, DRAG

- 1-2 Turning ¼ left (12:00) tap left toe forward, step onto left
3-4 Turning ¼ left (9:00) tap side right, turning another ¼ left (6:00) step back right
5&6 Step back on ball of left, step on ball of right next to left, step forward left prepping toe to left to start a ¼ turn left
7-8 Finishing ¼ turn left (3:00) push off with left stepping wide side right, drag left towards right (weight stays on right and clap hands optional)

REPEAT

TAG

When dancing to "I Want" by Chaka Khan, at the end of wall 3 (9:00), wall 8 (12:00) and wall 13 (3:00)

SIDE TOGETHER SIDE, STEP SIDE, DRAG

- 1&2 Step side left, step right next to left, step side left
3-4 Pushing off with left step wide side right, drag left towards right (weight stays on right and clap hands optional)