

I Love To Boogie

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Beginner
編舞者: Debi Bodven (USA)
音樂: I Love to Boogie - Marc Bolan & T. Rex



JAZZ HOPS WITH ROCK STEPS

- 1-2 Stomp right side (slap both hands above knees), hop in place on right while kicking left out to side (flair both hands out to left to follow leg kick)
3-4 Rock left behind right (5th position), recover weight on right
5-6 Stomp left side (slap both hands above knees), hop in place on left while kicking right out to side (flair both hands out to right to follow leg kick)
7-8 Rock right behind left (5th position), recover weight on left

TOE, HEEL, CROSSES WITH ¼ TURN

- 1-2 Touch right toe side (heel turned out), touch right heel in same spot (toe turned out)
3-4 Cross right over left, hold
5-6 Touch left toe side (heel turned out), pivot ¼ left and touch left heel front
7-8 Bring left back to place, hold

2 HALF TURNS

- 1-2 Step forward right, hold
3-4 Pivot ½ left, hold
5-6 Step forward right, hold
7-8 Pivot ½ left, hold

CHARLESTON WALK WITH TURNING HEEL SLAPS

- 1-2 Step forward right, hold
3-4 Step forward left, hold (more experienced dancers may want to swivel both heels in and out while taking these two steps forward)
5-6 Touch right toe forward, flick right heel up and slap with right hand pivoting 1/8 left
7-8 Touch right toe forward, flick right heel up and slap with right hand pivoting 1/8 left

KICK & ROCK

- 1-2 Kick right forward, step forward right
3-4 Rock side left, recover weight on right
5-6 Kick left forward, step forward left
7-8 Rock side right, recover weight on left

KICK TURNS

- 1-2 Kick right forward, step right in place turning ¼ left
3-4 Kick left forward, step left in place turning ¼ left
5-6 Kick right forward, step right in place turning ¼ left
7-8 Kick left forward, step left together

REPEAT