I Love To Boogie



拍數: 48 牆數: 2 級數: line/contra dance

編舞者: Peter Heath (AUS)

音樂: I Love to Boogie - Marc Bolan & T. Rex



RIGHT DUAL RAMBLE 3, CLAP; LEFT DUAL RAMBLE 3, CLAP

Twist both heels right, twist both toes right, twist both heels right, clap

Twist both heels left, twist both toes left, twist both heels left, clap

(RIGHT) SIDE & DOUBLE HIP BUMP RIGHT, LEFT HIP BUMP 2

9&10 Step right foot to right so feet are apart & bump hips right-center-right

11-12 Bump hips left, bump hips right

DOUBLE HIP BUMP LEFT, RIGHT HIP BUMP 2

13&14 Bump hips left-center-left15-16 Bump hips right, bump hips left

ROCKING CHAIR; BASKETBALL 2, KICK ROCK CHANGE; TWICE

17-20	Rock right foot forward, recover left foot, rock right foot back, recover left foot
21-22	Rock right foot forward, turning ½ left recover left foot
23&24	Kick right foot forward, rock right foot slightly back, recover left foot
25-32	Repeat beats 17-24

VINE 3, TURN 1/4 RIGHT & HITCH; TWICE; VINE 3, HITCH; STOMP 2, CLAP 2

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33-36	Step right foot to right, cross left foot behind right foot, step right foot to right, turning ¼ right hitch left knee
37-40	Step left foot to left, cross right foot behind left foot, step left foot to left, turning 1/4 right hitch right knee
41-44	Step right foot to right, cross left foot behind right foot, step right foot to right, hitch left knee
45-46	Stomp left foot along side right foot (with weight), stomp right foot along side left foot (with weight)
47-48	Clap hands twice

REPEAT

Start after 16 quiet beats. Can be done in facing lines, clapping with the opposite person and passing the lines through on the vines.