I Love This Bar

拍數: 64 **牆數:** 2 **級數:** Improver

編舞者: Paula Baker (USA)

音樂: I Love This Bar - Toby Keith

TOE TOUCHES, SAILOR SHUFFLES

1-2-3&4 Touch left forward, to the side, sailor shuffle (swing left behind right, step right to right side, step left to left side)

5-6-7&8 Touch right forward, to the side, sailor shuffle (swing right behind left, step left to left side, step right to right side)

CROSS ROCKS, ½ TURNING SHUFFLE

1&2-3&4 Cross rock left over right, recover on right, step left to left side, cross rock right over left recover on left, step right to right side (can do hip walks, instead)

5-6-7&8 Cross rock left over right, recover on right, shuffle (left-right-left) making ½ turn left

TOE TOUCHES, SAILOR SHUFFLES

1-2-3&4 Touch right forward, to the side, sailor shuffle (swing right behind left, step left to left, step right to right side)

5-6-7&8 Touch left forward, to the side, sailor shuffle

CROSS ROCKS, ½ TURNING SHUFFLE

1&2-3&4 Cross rock right over left, recover on left, step right to right side, cross rock left over right, recover on right, step left to left side, (can do hip walks, instead)

5-6-7&8 Cross rock right over left, recover on left, shuffle (right-left-right) making ½ turn right

SIDE ROCKS, WEAVES

1-2-3&4 Rock to side on left, recover on right, weave left behind right, step right to right side, cross left over right

5-6-7&8 Rock to side on right, recover on left, weave right behind left, step left to side, cross right over left

SIDE ROCK, ¼ TURNING COASTER, SHUFFLE, ½ TURN RIGHT

1-2-3&4 Rock to side on left, recover on right, making ¼ turn to left step back on left, together with right, forward on left

5&6-7-8 Shuffle forward (right-left-right), step forward left, pivot ½ turn right

SIDE ROCKS, WEAVES

1-2-3&4 Rock to side on left, recover on right, weave left behind right, step right to right side, cross left over right

5-6-7&8 Rock to side on right, recover on left, weave right behind left, step left to side, cross right over left

SIDE ROCK, ¼ TURNING COASTER, SHUFFLE, ½ TURN RIGHT

1-2-3&4 Rock to side on left, recover on right, making ¼ turn to left step back on left, together with right, forward on left

5&6-7-8 Shuffle forward (right-left-right), step forward left, pivot ½ turn right

REPEAT

TAG

At the end of wall 5, before beginning wall 6, there is a slight pause in the music. Please pause and start the dance at wall 6 on the word "bar"