

I Love Rock & Roll

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數:
編舞者: Mark Hood (UK)
音樂: I Love Rock 'N' Roll - Britney Spears



SYNCOPATED SWITCHES WITH HITCHES

1&2 Touch right to the right, step right in place, touch left to the left
&3&4 Step left in place, touch right to the right, hitch right, touch right to the right
&5&6 Step right in place, touch left to the left, step left in place, touch right to the right
&7&8 Step right in place, touch left to the left, hitch left, touch left to the left

MODIFIED SAILOR STEPS LEFT & RIGHT ROCK RECOVER LOCK SHUFFLE BACK

9&10 Step left behind right, step right to the right, step left to the left and forward
11&12 Step right behind left, step left to the left, step right to the right and forward
13-14 Rock forward on the left recover on the right
15&16 Step left back, step right over left, step left back

¼ HIP BUMPS SIDE SHUFFLE ROCK RECOVER

17-20 ¼ turn to the right step right to the right bumping hips to the right, bump hip left, right, left
21&22 Step right to the right, step left beside right, step right to the right
23-24 Rock left back, recover on the right

SKATE LEFT RIGHT SYNCOPATED ROCKS FORWARD & BACK CROSS UNWIND

25-26 Skate forward left then right
27&28 Rock left over right, recover on right step left to the left
29&30 Rock right back, recover on left, step right to the right
31-32 Cross left over right, un wind a full turn to the right (weight ends on the left)

REPEAT
