I Love Rock 'n' Roll



拍數: 39 牆數: 4 級數: Intermediate

編舞者: Peter Ng (SG)

音樂: I Love Rock 'N' Roll - Britney Spears



STEPS, SLAP HIPS, POSE, FULL TURN

1-2 Step right to right side, step left to left side

3-4 Step back right, step forward left

5 Slap left hip with left hand & right hip with right hand (elbows bent) 6 Raise arms to sides with palms facing upwards at chest lever

As if showing someone that you don't care!

Make ½ turn left stepping forward on right
 Make ½ turn left stepping forward on left

JAZZ BOX, FUNKY SIDE KICKS, STEP BACK INTO BODY ROLL, ROCK BACK

9-10 Cross right over left, step back on left
11-12 Step right beside left, step left beside right
13& Low kick right to right side, step right beside left
14& Low kick left to left side, step left beside right

15 Touch right behind

Shift weight to right and roll shoulders upwards then backwards

& Step back on ball of left

1/4 TURN, CHEST PUMPS ON WEAVE, TOUCHES WITH KNEE POP

17& Cross right over left making ¼ turn right and pump, pump

For chest pump, raise elbow to side at chest level with palms facing out & near chests, push arms forward & backwards quickly

Step left to left side and arms down
Cross right behind left and pump, pump
Step left beside right and arms down
Touch right to side, touch right beside left

23-24 Touch right to side, pop right knee inwards and throw head to left

Bridge (during 1st, 3rd and 5th repetition only)

During the 1st, 3rd and 5th repetition, dance up to step 24 and hold for 2 counts, then start the dance again from beginning

1-2 Hold, hold

CROSS, KICK, CROSS, KICK, MODIFIED JAZZ BOX

25-26	Cross right over left, kick left to side
27-28	Cross left over right, kick right to side
29-30	Cross right over left, step back on left
31&	Step right back, step left back on ball of left
32	Cross right over left making ¼ turn right

1 1/4 TURN LEFT, KICK BALL JUMP, DRAG, TOUCH

33 ¼ turn left stepping left to side

34-35 ½ turn left stepping right back, ½ turn left stepping left forward

36&37 Kick right forward, right step to beside left on ball, step left diagonally back

38-39 Drag, touch

REPEAT

TAG

From 6th repetition onwards

For 6th repetition, replace "modified jazz box" with a 4-count jazz box

31-32 Step right back, step left next to right

End 6th repetition at count 32 and repeat 17-31& for 4 times till end of song.

Dedicated to my loving wife Ee Lin, colleagues from NTUC Income, and line dance friends who helped me whole-heartedly to organize Singapore's line dance world record attempt on 1 May 2002. Let's rock 'n' roll for many more years!