

I Love My Life

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Allan Burr (AUS) & Karen Burr (AUS)
音樂: I Love My Life - Jamie O'Neal



SLOW ¼ LOCK SHUFFLE FORWARD, HOLD, SLOW ½ PIVOT TURN

1-2-3-4 Turn ¼ right stepping right forward, lock left behind right, step right forward, hold (3:00)
5-6-7-8 Step left forward, hold, pivot ½ right weight on right, hold (9:00)

SLOW LOCK SHUFFLE FORWARD, HOLD, SLOW ¾ PIVOT TURN

1-2-3-4 Step left forward, lock right behind left, step left forward, hold
5-6-7-8 Step right forward, hold, pivot ¾ left weight on left, hold (12:00)

SLOW SIDE SHUFFLE, HOLD, TOUCH BEHIND, HOLD, UNWIND FULL TURN, HOLD

1-2-3-4 Step right to right side, step left together, step right to right side, hold
5-6-7-8 Touch left toe behind right, hold, unwind a full turn left taking weight on left, hold (12:00)

SIDE, ROCK, BEHIND, SIDE, ACROSS, HOLD, SIDE, TOUCH

1-2 Step right to right side, rock weight onto left
3-4 Step right behind left, step left to left side
5-6 Step right across left, hold
7-8 Step left to left side, touch right together

Restart here on wall 3

SIDE, TOUCH, ¼ TURN, TOUCH, SIDE, TOUCH, SIDE, TOUCH WITH CLAPS ON TOUCHES

1-2 Step right to right side, touch left together with clap
3-4 Turn ¼ left stepping left forward, touch right together with clap (9:00)
5-6 Step right to right side, touch left together with clap
7-8 Step left to left side, touch right together with clap

FORWARD, ROCK, BACK, HOLD, SLOW FULL TURN BACK

1-2-3-4 Step right forward, rock back onto left, step right back, hold
5-6-7-8 Travel back: turn ½ left stepping left forward, hold, turn ½ left stepping right back, hold (9:00)

Option for above beats 5-8: step left back, hold, step right back, hold

SLOW ¼ SIDE SHUFFLE, HOLD, ACROSS, ROCK, SIDE, HOLD

1-2-3-4 Turn ¼ left stepping left to left side, step right together, step left to left side, hold (6:00)
5-6-7-8 Step right across left, rock back onto left, step right to right side, hold

ACROSS, ROCK, SIDE, HOLD, SLOW FULL TURN FORWARD

1-2-3-4 Step left across right, rock back onto right, step left to left side, hold
5-6-7-8 Travel forward: turn ½ left stepping right back, hold, turn ½ left stepping left forward, hold (6:00)

Option for above beats 5-8: step right forward, hold, step left forward, hold

REPEAT

RESTART

On wall 3, dance the first 32 beats, then restart dance at front (which becomes wall 4)

TAG

At the end of wall 6 (facing back) add the following 8 beat tag:

RIGHT ROCKING CHAIR, 2 X PIVOT TURNS

- 1-2-3-4 Right rocking chair: step right forward, rock back onto left, step right back, rock forward onto left
- 5-6 Pivot turn: step right forward, pivot $\frac{1}{2}$ left weight on left
- 7-8 Pivot turn: step right forward, pivot $\frac{1}{2}$ left weight on left

ENDING

At the end of wall 8 (facing back) add an extra $\frac{1}{2}$ turn left stepping right back to face the front
