

I Like U

拍數: 0 牆數: 0 級數:
編舞者: Rodeo Rick Legault (CAN)
音樂: I Like U (Party Mix) - One Track Mind



Sequence: A, B, B-A, B, B-A, B, B-A, B, B-A. Dance starts after you here a person laughing

PART A

SIDE TOGETHER, SHUFFLE, ROCK ¼, SHUFFLE

1-2-3&4 Step right to right side, step left besides right, shuffle to right side (right, left, right)
5-6-7&8 Cross rock left in front of right, recover weight on right as you turn ¼ turn left, shuffle forward
(right, left, right)

WALK, WALK, ½ TURN SHUFFLE, ROCK BACK, SHUFFLE

9-10-11&12 Walk forward (right, left), shuffle forward as you turn ½ turn left (right, left, right)
13-14-15&16 Rock back on left recover weight on right, shuffle forward (left, right, left)

STEP FORWARD ¼, COASTER STEP, SIDE TOGETHER, SHUFFLE

17-18-19&20 Step forward right, turn ¼ turn left as you change your weight on left, step right back, step left
back, step right forward (right, left, right)
21-22-23&24 Step left to left side, step right besides left, shuffle to left side (left, right, left)

CROSS ROCK, SHUFFLE, CROSS ROCK, STEP, TOUCH

25-26-27&28 Cross right in front of left, recover weight on left, shuffle to right side (right, left, right)
29-32 Cross left in front or right, recover to right, step left beside right, touch right beside left

PART B

HEEL & HEEL & HEEL, HEEL & SHAKE LEFT, RIGHT

1&2&3-4 Bring right heel forward, switch to left heel, switch to right heel, tap right heel once
&5&6&7-8& Switch to left heel, switch to right heel, switch to left heel, tap left heel once
9-12-13-16 Step down on left foot slightly to left as you shake hips four times, step to right on right
slightly as you shake hips four times ending with weight on right

HEEL & HEEL & HEEL, HEEL SHUFFLE, ROCK, ½ TURN, STEP, TOUCH

17&18&19-20 Bring left heel forward, switch to right heel, switch to left heel, tap left heel once
&21&22&23-24 Switch to right heel, switch to left heel, switch to right heel, tap right heel once
25&26-27-28 Shuffle to right (right, left, right), rock left behind right, recover weight on right,
29-30 Step to left on left as you start ½ turn right, step right besides left continuing ½ turn
31-32 Step left besides right finishing ½ turn, touch right besides left

REPEAT