

I Lied

拍數: 32 牆數: 4 級數: Improver
編舞者: Rob Bradley (UK) & Abi Finedon (UK)
音樂: Believe Me Baby (I Lied) - Trisha Yearwood



RIGHT FORWARD SHUFFLE, FORWARD ROCK ON LEFT, FULL TRIPLE OVER LEFT SHOULDER, KICK RIGHT AND POINT

1&2 Step right forward, step left next to right, step right forward
3-4 Rock forward on left, replace weight onto right
5&6 Full triple step over left shoulder stepping left, right, left
7&8 Kick right forward, step right next to left, point left to left side

Option steps 5&6 can be replaced with a left coaster step

¾ MONTEREY, LEFT ROCK AND CROSS, SYNCOPATED GRAPEVINE TO RIGHT, CROSS, UNWIND

&1-2 Step left next to right, point right to right side, bring right next to left turning ¾ over right shoulder
3&4 Rock left to left side, replace weight onto right, cross left over right
5-6 Step right to right side, cross left behind right
&7-8 Step right to right side, cross left over right, unwind ½ turn over right shoulder (weight on right)

LEFT CROSS ROCK, LEFT CHASSE 4 SKATES FORWARD RIGHT, LEFT, RIGHT, LEFT

1-2 Cross left over right, replace weight on right
3&4 Step left to left side, step right next to left, step left to left side
5-6 Skate forward on right, skate forward on left
7-8 Skate forward on right, skate forward on left

ROLLING GRAPEVINE RIGHT, STEP LEFT ½ PIVOT, STEP LEFT FORWARD, TOUCH

1-2 Step right ¼ right, step left ¼ right
3-4 Step right ½ right, touch left next to right
5-6 Step left forward, ½ pivot right (weight on right)
7-8 Step left forward, touch right next to left

REPEAT
