

I Knew

拍數: 32 牆數: 4 級數: Improver
編舞者: Pam Pike (UK)
音樂: I Knew I Loved You - Savage Garden



Dedicated to Pete

SIDE, BEHIND, ¼ TURN SHUFFLE

1-2 Step right to right side, step left behind right
3&4 Step right to right side making ¼ turn right, step left next to right, step right forward

STEP ½ TURN PIVOT, 2-COUNT WHOLE TURN

5-6 Step forward on left, pivot ½ turn right
7-8 Step forward on left making ½ turn right, step back on right making ½ turn right

Alternative - replace whole turn with 2 walks forward, step left, step right

FORWARD SHUFFLES

9&10 Left shuffle forward (step forward left, step right next to left, step forward left)
11&12 Right shuffle forward (step forward right, step left next to right, step forward right)

CROSS ROCK & COASTER STEP

13-14 Rock left across right, recover weight onto right
15&16 Left coaster step (step back on left, step back on right, step forward on left)

CROSS ROCK & ½ TURN SHUFFLE TWICE

17-18 Rock right across left, recover weight onto left
19&20 ½ turn shuffle back (step right to right side making ¼ turn right, step left next to right, step right to right side making ¼ turn right completing ½ turn)
21-22 Rock left across right, recover weight onto right
23&24 ½ turn shuffle back (step left to left side making ¼ turn left, step right next to left, step left to left side making ¼ turn left completing ½ turn)

SIDE SHUFFLE & FULL UNWIND TWICE

25&26 Right side shuffle (step right to right side, step left next to right, step right to right side)
27-28 Cross left over right and on balls of feet unwind a full turn recovering weight onto right

Alternative - replace unwind with rock recover, rock left across right, recover weight onto right

29&30 Left side shuffle (step left to left side, step right next to left, step left to left side)
31-32 Cross right over left and on balls of feet unwind a full turn recovering weight onto left
Alternative - replace unwind with rock recover, rock right across left recover weight onto left

REPEAT

TAG

Done once only at the end of the 6th repeat when danced to "I Knew I Loved You" by Savage Garden

ROCK, RECOVER, 2-COUNT WHOLE TURN

1-2 Rock forward on right, recover weight onto left
3-4 Step back on right making ½ turn right, step forward on left making ½ turn right completing whole turn