

I Kid You Not (P)

拍數: 32 牆數: 0 級數: Partner
編舞者: Sue Ray (UK) & Ian Ray (UK)
音樂: We Won't Dance - Vince Gill



Position: Mirror image, start in Closed Western Position, man facing LOD

MAN'S STEPS

1-2-3&4 Step forward right, left, cha-cha forward right, left, right
5-6 Cross rock left over right, rock back onto right

Raise left arm

7&8 Cha-cha left, right, left traveling and turning $\frac{1}{4}$ to left

At this point you should both be facing ILOD with man's left hand holding lady's right at about waist height

9-10 Rock forward onto right, rock back onto left
11&12 Cha-cha right, left, right traveling and turning $\frac{1}{2}$ to right

Raising left arm

At this point you should both be facing OLOD with man behind woman, arms should still be raised

13-14 Step to left to left, step right next to left

While arms are still raised

15&16 Cha-cha left, right, left on the spot while turning $\frac{1}{4}$ right

You should now be in closed western position, man facing RLOD

17-18 Step back right, left
19&20 Cha-cha backwards right, left, right
21-22 Pivot $\frac{1}{4}$ left on the ball of the right as you rock left to left side recover weight onto right

Man should now be facing OLOD

23&24 Cha-cha right, left, right traveling and turning $\frac{1}{4}$ left

End up facing each other (man facing LOD and lady facing RLOD holding both hands)

25-26 Rock back on right, forward on left
27&28 Cha-cha on the spot right, left, right

Keeping hold of both hands on the above 4 beats, end up in wrap position lady on man's right side

29-30 Rock back on left, forward onto right
31&32 Cha-cha left, right, left on the spot

Back into Closed Western Position

REPEAT

LADY'S STEPS

1-2-3&4 Step back left, right, cha-cha back left, right, left
5-6 Cross rock right behind left, rock forward onto left

Raise right arm

7&8 Cha-cha right, left, right traveling and turning $\frac{3}{4}$ to right under raised arms

At this point you should both be facing ILOD with man's left hand holding lady's right at about waist height

9-10 Rock forward onto left, rock back onto right
11&12 Cha-cha left, right, left traveling and turning $\frac{1}{2}$ to left under raised right arm

At this point you should both be facing OLOD with man behind woman, arms should still be raised

13-14 Step right to right, step left next to right
15&16 Cha-cha right, left, right on the spot while turning $\frac{1}{4}$ left

You should now be in Closed Western Position, man facing RLOD

17-18 Step forward left, right
19&20 Cha-cha forward left, right, left
21-22 Step forward right, left, past man, raising lady's right arm, man's left

23&24 Cha-cha right, left, right traveling and turning $\frac{1}{2}$ turn right under raised arms

End up facing each other (man facing LOD and lady facing RLOD holding both hands

25-26 Rock back on left, forward on right

27&28 Cha-cha left, right, left traveling forward while turning $\frac{1}{2}$ turn left

Keeping hold of both hands on the above 4 beats, end up in wrap position lady on man's right side

29-30 Rock back on right, forward onto left

31&32 Cha-cha right, left, right while turning $\frac{1}{2}$ right under lady's raised right arm, man's left

Back into Closed Western Position

REPEAT
