I Just Wanna Be Happy

級數: Intermediate

編舞者: Janet Billington (UK)

拍數: 0

音樂: I Just Wanna Be Happy - Gloria Estefan

Start dance on the vocals and should be danced A B B all the way through. The dance and song will end at the same time. If danced to another track, just dance A B all the way through.

PART A

MONTEREY TURN WITH LEFT TOUCH

- 1-2 Touch right toes out to right side. Pivot ¹/₂ turn right on left while stepping right together
- 3-4 Touch left toes out to left side. Touch left next to right (weight on right)

LEFT VINE-STEP RIGHT NEXT TO LEFT- HEEL TOE SWIVELS

- Step left to left side. Cross right behind left. Step left to left side. Step right next to left. 5-8 (weight on both feet)
- 9-10 Swivel both heels, then toes to the right
- Swivel both heels, toes, heels to the right 11&12

HEEL SWITCHES- 2 CLAPS

- 13&14 Right heel forward step right next to left. Left heel forward
- &15&16 Step left next to right. Right heel forward clap, clap

ROCK-RIGHT SHUFFLE- ½ TURN- LEFT SHUFFLE- JAZZ BOX WITH ¼ TURN RIGHT- STEP IN OUT

- 17-18 Rock back right foot. Rock forward left foot
- Step forward right foot. Step left next to right. Step forward right foot 19&20
- 21-22 Step forward left foot. Make 1/2 pivot turn to right (weight on right)
- Step forward left foot. Step right next to left. Step forward left foot 23&24
- 25-28 Cross right over left. Step back on left. Step 1/4 turn right on right. Step left next to right
- 29-32 Touch right out to right side. Step right next to left. Touch left out to left side. Step left next to right

PART B

2 RIGHT KICK BALL CHANGES- RIGHT VINE WITH LEFT TOUCH

- 1&2 Kick right forward step right together. Step left together
- 3&4 Repeat steps 1&2
- 5-8 Step right to right side. Cross left behind right. Step right to right side. Touch left next to right

2 LEFT KICK BALL CHANGES- LEFT VINE WITH RIGHT TOUCH

- Kick left forward step left together. Step right together 9&10
- 11&12 Repeat steps 9&10
- 13-16 Step left to left side. Cross right behind left. Step left to left side. Touch right next to left

ROCK- ½ TURNING SHUFFLE TWICE

- 17-18 Rock forward right foot. Rock back onto left
- 19&20 Step right forward step left next to right. Step right forward (while making ¹/₂ turn to right)
- 21-22 Rock forward left foot. Rock back onto right
- 23&24 Step left forward step right next to left. Step left forward (while making 1/2 turn to left)
- 25-26 Stomp right foot. Hold.
- 27-28 Stomp left foot. Hold.
- Stomp right, left, right, left while making 1/2 turn to left 29-32

Repeat steps 1-32 in part B, then repeat the sequence A B B to the end of dance





牆數:4