

I.....I, I, I, (It's Friday)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Dancin' Dean (USA) & Bryan McWherter (USA)
音樂: Friday Song



TOUCH, TOUCH, TOUCH, STEP, TOUCH, WALK, WALK, WALK, WALK

- 1-2 Touch left toe forward, touch left toe next to right
3&4 Touch left toe left, step left foot next to right, touch right toe right
5-8 4 walks forward right, left, right, left

While walking forward sway hands at about shoulder level palms facing away from body opposite from your feet. Sway hands left (5), right(6), left(7), right(8)

JAZZ BOX, CROSS, STEP, ½ SHUFFLE TURN

- 1-4 Cross step right foot over left, step left foot back, step right foot slightly out to right, step left foot next to right
5-6 Cross step right foot over left, step back ¼ turn to your right on your left foot
7&8 ½ shuffle turn right, left, right

STEP, SLIDE, STEP, SLIDE, STEP, STEP, SLIDE, STEP, SLIDE, STEP

- 1-2 Step left foot to left, slide right foot next to left
Make sure weight ends on your right foot
3& Step left foot to left, slide right foot next to left
Make sure weight ends on your right foot
4 Step left to left side
Make sure weight ends on your left foot
5-6 Step right foot to right, slide left foot next to right
Make sure weight ends on your left foot
7& Step right foot to right, slide left foot next to right
Make sure weight ends on your left foot
8 Step right to right side
Make sure weight ends on your right foot

ROCK, RECOVER, ½ TURN, HOLD, ROCK, RECOVER, COASTER STEP

- 1-4 Rock left foot forward, rock back onto right, step left foot ½ turn back to left, hold
5-6 Rock right foot forward, rock back onto left
7&8 Right foot step backward, left foot step next to right foot, step forward right slightly

REPEAT