I Got You



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Dawn Dennell (UK) 音樂: Life Is Good - Emilio



STEP PIVOT STEP PIVOT

1-2	Step forward on right foot and ½ pivot turn to the left
3-4	Step right foot next to left foot and hold for one count
5-6	Step forward on left foot and ½ pivot turn to the right
7-8	Step left foot next to right foot and hold for one count

GRAPEVINE RIGHT WITH FULL TURN

9-10	Step right foot to the right, cross left foot behind right foot
11-12	Step right foot to the right and touch left foot next to right

13-16 Turn a full turn to the right on the right foot touching left foot down four times

GRAPEVINE LEFT WITH FULL TURN

17-24 Repeat the above 8 counts to the left

JUMP, CROSS, TURN, CLAP HEEL TOGETHER, TOE TOGETHER

25	Take a small jump landing with feet shoulder width apart
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Jump feet back to place landing with right foot crossed in front of left

27 Unwind a ½ turn to the left

28 Clap

29-30 Tap right heel forward then bring back to place

31-32 Touch left toe back then return to place

RIGHT AND LEFT SWEEP

33	Point right toe forward
34-35	Sweep right foot in a semi circle to right for two counts
36	Bring right foot behind left foot and lock
37-40	Repeat the above 4 counts with the left foot

SHUFFLES FORWARD AND BACK WITH ROCK STEPS

41-42	Shuffle forward right, left, right
43-44	Step and rock forward on to the left foot then return the weight to the right foot
45-46	Shuffle backwards left, right, left
47-48	Step back and rock on to the right foot then return the weight to the left foot

HEEL SLAPS WITH HIP BUMPS

49	Point right foot to right side
50	Bring right foot up behind left foot and slap boot with left hand
51	Step down on right foot and bump hips to right at same time
52	Bump hips to right again
53	Point left foot to left side
54	Bring left foot up behind right foot and slap boot with right hand
55	Step down on left foot and bump hips to left at same time

56 Bump hips to left again

STEP, HOLD, CROSS, HOLD, VINE RIGHT WITH 1/4 TURN RIGHT

57-58 Step right foot to the right and hold for one count

59-60	Cross left foot in front of right foot and hold for one count
61	Step right foot to the right
62	Cross left foot behind right foot
63	Step right foot turning 1/4 turn to the right
64	Step left foot next to right foot

REPEAT