

I Got The Cure

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4
編舞者: Tom West (CAN)
音樂: Get Up - Doc Walker

級數: Improver



SIDE SHUFFLE RIGHT, ROCK BACK, RECOVER, STEP, POINT, STEP, POINT

- 1&2 Shuffle right (right-left-right)
- 3-4 Rock back on left, recover on right
- 5-6 Step left on left, point right toe in front of left
- 7-8 Step right on right, point left toe in front of right

SIDE SHUFFLE LEFT, ROCK BACK, RECOVER, STEP, POINT, STEP, POINT

- 9&10 Shuffle left (left-right-left)
- 11-12 Rock back on right, recover on left
- 13-14 Step right on right, point left toe in front of right
- 15-16 Step left on left, point right toe in front of left

½ TURN RIGHT SHUFFLE, ROCK FORWARD AND BACK, ¼ TURN

- 17&18 ½ turn shuffle right (right-left-right) (6:00)
- 19-20 Rock forward on left, recover on right
- 21-22 Rock back on left, recover on right
- 23-24 Step ¼ turn right on left, step right behind left (3:00)

¼ TURN LEFT SHUFFLE, ROCK FORWARD AND BACK, ¼ TURN

- 25&26 ¼ turn shuffle left (left-right-left) (6:00)
- 27-28 Rock forward on right, recover on left
- 29-30 Rock back on right, recover on left
- 31-32 Step ¼ turn left on right, step left behind right (9:00)

REPEAT

RESTART

If using get up music, at the end of the second time through the dance (facing 6:00) there is a 4 count break. Hold position for this 4 count. Doc is singing "I got the cure, take some of mine". You could sing this also. Then restart from beginning

ENDING

As the music fades out you will be completing steps 17&18 returning to the 12:00 wall. Step forward on, scuff/kick right forward