

# I Got The Cure

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Tom West (CAN)  
音樂: Get Up - Doc Walker



## **SIDE SHUFFLE RIGHT, ROCK BACK, RECOVER, STEP, POINT, STEP, POINT**

1&2      Shuffle right (right-left-right)  
3-4      Rock back on left, recover on right  
5-6      Step left on left, point right toe in front of left  
7-8      Step right on right, point left toe in front of right

## **SIDE SHUFFLE LEFT, ROCK BACK, RECOVER, STEP, POINT, STEP, POINT**

9&10      Shuffle left (left-right-left)  
11-12      Rock back on right, recover on left  
13-14      Step right on right, point left toe in front of right  
15-16      Step left on left, point right toe in front of left

## **½ TURN RIGHT SHUFFLE, ROCK FORWARD AND BACK, ¼ TURN**

17&18      ½ turn shuffle right (right-left-right) (6:00)  
19-20      Rock forward on left, recover on right  
21-22      Rock back on left, recover on right  
23-24      Step ¼ turn right on left, step right behind left (3:00)

## **¼ TURN LEFT SHUFFLE, ROCK FORWARD AND BACK, ¼ TURN**

25&26      ¼ turn shuffle left (left-right-left) (6:00)  
27-28      Rock forward on right, recover on left  
29-30      Rock back on right, recover on left  
31-32      Step ¼ turn left on right, step left behind right (9:00)

## **REPEAT**

## **RESTART**

If using get up music, at the end of the second time through the dance (facing 6:00) there is a 4 count break. Hold position for this 4 count. Doc is singing "I got the cure, take some of mine". You could sing this also. Then restart from beginning

## **ENDING**

As the music fades out you will be completing steps 17&18 returning to the 12:00 wall. Step forward on, scuff/kick right forward