

If Your Gonna Love Me

拍數: 64 牆數: 4 級數:
編舞者: Tara Green
音樂: Put Your Heart Into It - Sherrié Austin



The dance starts on the word "need"

- 1-2 Step right forward, touch left toe to left side
3-4 Step left back, touch right toe back
5&6 Shuffle forward right-left-right
7&8 Shuffle forward left-right-left
- 1-2 Step forward right on a 45 degrees angle push hips forward twice
3-4 Push hips back twice
5-8 Single hip bumps right-left-right-left
- 1-2 Rock forward right, rock back left
3&4 Triple step making a $\frac{3}{4}$ turn right (right-left-right)
5-6 Full turn left-right (or step left to left side, step right together)
7&8 Side shuffle left-right-left making a $\frac{1}{4}$ turn left
- 1-2 Step forward right, pivot $\frac{3}{4}$ turn left
3&4 Side shuffle right-left-right
5-6 Touch left toe behind right, $\frac{1}{2}$ turn left unwind
7 Touch right toe to right side
&8 Return right next to left & touch left to left side
- &1-2 Return left next to right & step right forward, rock back left
3&4 Shuffle turning $\frac{1}{2}$ turn right (right-left-right)
5-6 Rock forward left, rock back right
7&8 Left coaster step left-right-left
- 1-2 Step forward right pushing hips forward twice
3-4 Push hips back twice
5-8 Single hip bump right-left-right-left
- 1&2 Right sailor step
3&4 Left sailor step
5-6 Touch right toe behind left, turn $\frac{1}{4}$ turn right
7-8 Rock forward right, rock back left
- 1&2 Triple step right-left-right making $\frac{3}{4}$ turn right
3-4 Rock left to left side, rock back on to right foot
5&6 Triple step making $\frac{1}{2}$ turn left (left-right-left)
7 Rock right to right side
8 Rock left to left side (end with weight on left)

REPEAT

TAG

At the completion of the 2nd wall, you will be facing the direction of the 3rd wall. After you complete the tag

resume the dance from the start

1&2 Shuffle forward right-left-right
3-4 Step forward left, pivot ½ turn right
5&6 Shuffle forward left-right-left
7-8 Step forward right, pivot ½ turn left

1-2 Right toe/heel drop
3-4 Left toe/heel drop
5-6 Right toe/heel drop
7-8 Left toe/heel drop

End dance facing front wall with right toe back
