

# If You're Not The One

**COPPER** KNOB  
BY STEPHEN

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Paulette Hylands (UK)  
音樂: If You're Not the One - Daniel Bedingfield



## LEFT CHASSE WITH ¼ TURN, STEP SLIDE, BACK ROCK, TURNING WEAVE, TOUCH

1&2      Step left to left side, close right to left, step left ¼ turn left  
3-4&      Step right to right side sliding left towards right, cross rock back on left, recover  
5&6&      Step left foot ½ turn right, step right ½ turn right, step left to left side, cross right behind left  
7-8      Step left to left side, step right beside left (weight now on left)

## STEP BACK, TOUCH FORWARD, RIGHT FORWARD SHUFFLE, RONDE ½ RIGHT, LEFT FORWARD SHUFFLE, TOUCH

9-10      Step back on left, touch right toes forward  
11&12      Step forward on right, close left to right, step forward on right  
13-14&      While pivoting ½ turn right on ball of right, sweep left foot round (weight stays on right) step left forward, close right to left  
15-16      Step left forward, touch right beside left (weight stays on left)

## SIDE ROCK, RECOVER, TOUCH, STEP TO RIGHT, BACK CROSS ROCK, STEP ¼ LEFT, RONDE ¾ LEFT, BACK LEFT CROSS, STEP TO RIGHT, RIGHT CROSS STEP

1&2      Rock right to right side, recover weight on left, touch right beside left (weight stays on left)  
3-4&      Step right to right side sliding left towards right, cross rock back on left, recover  
5-6      Step left ¼ turn to left, while pivoting ¾ turn left on ball of left, sweep right foot round and step in place  
7&8      Step left foot behind right, step right to right side, cross left over right

## STEP SLIDE, BACK ROCK, STEP ¼ LEFT, STEP TOGETHER, LEFT COASTER STEP LEFT ½ RONDE, TOUCH

1-2&      Step right to right side sliding left towards right, cross rock back on left, recover  
3-4      Step left foot ¼ turn left, step right beside left (weight now on right)  
5&6      Step left foot back, step right beside left, step right foot forward  
7&8      While pivoting ½ turn left on ball of left foot, sweep right foot round and place weight down, touch left beside right

**REPEAT**