

If You're Not The One

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Suzy Taylor (UK)
音樂: If You're Not the One - Daniel Bedingfield



RHUMBA BOX LEADING FORWARD LEFT

1-2 Step forward left, hold
3-4 Step right to right side, step left beside right
5-6 Step back right, hold
7-8 Step left to left side, step right beside left

2 TRIPLE ROCKS LEFT & RIGHT WITH SIDE TOE TOUCHES, ¼ TURN LEFT SHUFFLE, HITCH RIGHT WITH ½ TURN LEFT, RIGHT SHUFFLE & HITCH ¼ TURN RIGHT

1&2& Small step forward left, rock back on right, rock forward left & pointing right toe to side
3&4& Small step forward right, rock back left, rock forward right & pointing left toe to side
5&6& ¼ turn right shuffling forward left, right, left, hitch right with ½ turn left
7&8& Shuffle forward right, left, right, hitch left turning ¼ right

POINT OUT WITH BACK ROCKS LEFT AND RIGHT

1-2 Point out left toe to side, step on left
3-4 Rock back right behind left, recover on to left
5-6 Point out right toe to right, step on right
7-8 Rock back left behind right, recover on to right

LEFT KICK FORWARD, TWINKLE BACKWARDS LEFT & RIGHT - 5 STEPS, RONDE ½ TURN RIGHT

1-2 Kick left forward, step across right
3-4 Step back right angle body right, small step left to side
5-6 Cross step right over left, angle body left, step back left
7-8 Ronde right keeping toes close to floor turning ½ right, bring both feet together, weight on right

REPEAT
