

# If You Ever

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: David Ridgard (UK)  
音樂: If You Ever Saw Her - Ricky Martin



## BASIC MAMBO ROCK, SHUFFLE, ROCK FORWARD ½ TRIPLE

1&2      Rock forward on to right foot, step left foot in place, bring right foot beside left  
3&4      Rock back on to left foot, step right in place, bring left foot beside right  
5-8      Repeat counts 1-4  
9&10     Shuffle forward right, left, right,  
11&12    Shuffle forward left, right, left  
13-14    Rock forward right, rock back left  
15&16    ½ triple right, stepping right, left, right

Optional: on counts 9-12 roll hands in front of body, while leaning back and forward

## ROCK AND CROSS STEPS LEFT AND RIGHT, CLICKS, ROCK FORWARD ¾ TRIPLE TURN

17&18    Rock left to left side, rock right in place, step left slightly forward across right, click fingers  
19&20    Rock right to right side, rock left in place, step right slightly forward across left, click fingers  
21-22    Rock forward left, rock back right  
23&24    ¾ turn left, stepping left, right, left

## ROCK FORWARD, HEEL JACK, OUT, OUT, IN, IN, KNEE POPS

25-26    Rock forward right, rock back left  
&27      Step back on right, touch left heel forward  
&28      Step left to place, touch right next to left  
&29      Step right to right side, step left to left side, (end with feet apart.)  
&30      Step right to center, step left beside right, (weight ends on left)  
&        With feet together bend both knees, lifting heels slightly  
31        Straighten legs, lowering heels softly  
&32      Repeat steps &31

## SHUFFLE FORWARD, STEP BACK, SLIDE BUMPS

33&34    Shuffle forward right, left, right  
35&36    Shuffle forward left, right, left  
37-38    Step back right, slide left back to right  
39&40    Bump hips left, right, left  
41-48    Repeat steps 33-40

Optional: on counts 33-36 and counts 41-44 roll hands in front of body, while leaning forward and back

## KICK BALL CHANGES, ¼ TURNS LEFT

49&50    Kick right foot forward, step right foot in place, step left foot in place  
51&52    Kick right foot forward, step right in place, step left foot in place  
53-54    Step right foot forward, ¼ turn left, swaying hips to right  
55-56    Step right foot forward, ¼ turn left, swaying hips to right

## ROCKING CHAIR, ROCK FORWARD, MAMBO ROCK

57-58    Rock forward right, rock weight back on to left  
59-60    Rock back right, rock weight forward on to left  
61-62    Rock forward right, rock back left  
63&64    Rock back right, step left in place, bring right foot beside left

REPEAT

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