

# If Only I Could

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Robbie McGowan Hickie (UK)  
音樂: Never Live Without You - Adam Brand



## CROSS ROCK, CHASSE LEFT, CROSS ROCK, CHASSE RIGHT

1-2      Cross rock left over right, rock back on right  
3&4      Step left to left side, close right beside left, step left to left side  
5-6      Cross rock right over left, rock back on left  
7&8      Step right to right side, close left beside right, step right to right side

## CROSS, QUARTER TURN LEFT, QUARTER TURN CHASSE LEFT, RIGHT JAZZ BOX WITH BRUSH

1-2      Cross step left over right, turn  $\frac{1}{4}$  turn left stepping back on right  
3&4      Turn  $\frac{1}{4}$  turn left stepping left to left side, close right beside left, step left to left side  
5-6      Cross step right over left, step back on left  
7-8      Step right to right side, brush left diagonally forward across right, (facing 6:00)

## CROSS, QUARTER TURN LEFT, LEFT SHUFFLE HALF TURN LEFT, STEP, PIVOT HALF TURN LEFT, STEP FORWARD, HOLD

1-2      Cross step left over right, turn  $\frac{1}{4}$  turn left stepping back on right  
3&4      Left shuffle slightly back turning  $\frac{1}{2}$  turn left stepping left, right, left, (facing 9:00)  
5-6      Step forward on right, pivot  $\frac{1}{2}$  turn left  
7-8      Step forward on right, hold, (facing 3:00)

## FORWARD ROCK, TRIPLE STEP FULL TURN LEFT, ROCKING CHAIR STEPS

1-2      Rock forward on left, rock back on right  
3&4      Triple step on the spot turning full turn left stepping left, right, left  
5-6      Rock forward on right, rock back on left  
7-8      Rock back on right, rock forward on left

### Easier option

3&4      Left coaster step

## (TRAVELING SLIGHTLY FORWARD) RIGHT SHUFFLE $\frac{1}{2}$ TURN LEFT, LEFT SHUFFLE $\frac{1}{2}$ TURN LEFT, HIP SWAYS X 4

1&2      Right shuffle turning  $\frac{1}{2}$  turn left stepping right, left, right  
3&4      Left shuffle turning  $\frac{1}{2}$  turn left stepping left, right, left, (facing 3:00)  
5-8      Step right slightly right swaying hips right, sway hips left, sway hips right, sway hips left

## RIGHT KICK-BALL-CHANGE, STOMP, CLAP, STEP, PIVOT HALF TURN RIGHT TWICE

1&2      Kick right forward, step ball of right beside left, step left in place  
3-4      Stomp forward on right, hold and clap  
5-6      Step forward on left, pivot  $\frac{1}{2}$  turn right  
7-8      Step forward on left, pivot  $\frac{1}{2}$  turn right, (facing 3:00)

## CROSS, BACK, LEFT CHASSE DIAGONALLY BACK LEFT, CROSS, BACK, RIGHT CHASSE DIAGONALLY BACK RIGHT,

1-2      Cross step left over right, step back on right  
3&4      Step left diagonally back left side, close right beside left, step left diagonally back left side  
5-6      Cross step right over left, step back on left, (straighten up to face 3:00)  
7&8      Step right diagonally back right side, close left beside right, step right diagonally back right side

**CROSS, RIGHT SIDE ROCK, CROSS, LEFT SIDE ROCK, BEHIND, SIDE**

- 1-2 Cross step left over right, rock right to right side
- 3-4 Recover weight on left (straighten up to face 3:00), cross step right over left
- 5-6 Rock left to left side, recover weight on right
- 7-8 Cross left behind right, step right to right side, (facing 3:00)

**REPEAT**

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