

If Only I Could

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Robbie McGowan Hickie (UK)
音樂: Never Live Without You - Adam Brand



CROSS ROCK, CHASSE LEFT, CROSS ROCK, CHASSE RIGHT

1-2 Cross rock left over right, rock back on right
3&4 Step left to left side, close right beside left, step left to left side
5-6 Cross rock right over left, rock back on left
7&8 Step right to right side, close left beside right, step right to right side

CROSS, QUARTER TURN LEFT, QUARTER TURN CHASSE LEFT, RIGHT JAZZ BOX WITH BRUSH

1-2 Cross step left over right, turn $\frac{1}{4}$ turn left stepping back on right
3&4 Turn $\frac{1}{4}$ turn left stepping left to left side, close right beside left, step left to left side
5-6 Cross step right over left, step back on left
7-8 Step right to right side, brush left diagonally forward across right, (facing 6:00)

CROSS, QUARTER TURN LEFT, LEFT SHUFFLE HALF TURN LEFT, STEP, PIVOT HALF TURN LEFT, STEP FORWARD, HOLD

1-2 Cross step left over right, turn $\frac{1}{4}$ turn left stepping back on right
3&4 Left shuffle slightly back turning $\frac{1}{2}$ turn left stepping left, right, left, (facing 9:00)
5-6 Step forward on right, pivot $\frac{1}{2}$ turn left
7-8 Step forward on right, hold, (facing 3:00)

FORWARD ROCK, TRIPLE STEP FULL TURN LEFT, ROCKING CHAIR STEPS

1-2 Rock forward on left, rock back on right
3&4 Triple step on the spot turning full turn left stepping left, right, left
5-6 Rock forward on right, rock back on left
7-8 Rock back on right, rock forward on left

Easier option

3&4 Left coaster step

(TRAVELING SLIGHTLY FORWARD) RIGHT SHUFFLE $\frac{1}{2}$ TURN LEFT, LEFT SHUFFLE $\frac{1}{2}$ TURN LEFT, HIP SWAYS X 4

1&2 Right shuffle turning $\frac{1}{2}$ turn left stepping right, left, right
3&4 Left shuffle turning $\frac{1}{2}$ turn left stepping left, right, left, (facing 3:00)
5-8 Step right slightly right swaying hips right, sway hips left, sway hips right, sway hips left

RIGHT KICK-BALL-CHANGE, STOMP, CLAP, STEP, PIVOT HALF TURN RIGHT TWICE

1&2 Kick right forward, step ball of right beside left, step left in place
3-4 Stomp forward on right, hold and clap
5-6 Step forward on left, pivot $\frac{1}{2}$ turn right
7-8 Step forward on left, pivot $\frac{1}{2}$ turn right, (facing 3:00)

CROSS, BACK, LEFT CHASSE DIAGONALLY BACK LEFT, CROSS, BACK, RIGHT CHASSE DIAGONALLY BACK RIGHT,

1-2 Cross step left over right, step back on right
3&4 Step left diagonally back left side, close right beside left, step left diagonally back left side
5-6 Cross step right over left, step back on left, (straighten up to face 3:00)
7&8 Step right diagonally back right side, close left beside right, step right diagonally back right side

CROSS, RIGHT SIDE ROCK, CROSS, LEFT SIDE ROCK, BEHIND, SIDE

- 1-2 Cross step left over right, rock right to right side
- 3-4 Recover weight on left (straighten up to face 3:00), cross step right over left
- 5-6 Rock left to left side, recover weight on right
- 7-8 Cross left behind right, step right to right side, (facing 3:00)

REPEAT
