

If Only...

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Alan Robinson (UK)
音樂: I Wish That I Could Fall In Love Today - Barbara Mandrell



SIDE STRUTS, WEAVE

- 1-2 Step right to right with right toe, bring weight down onto right heel
- 3-4 Cross left toe over right, bring weight down onto left heel
- 5-6 Step right to side, step left behind right
- 7-8 Step right to side, cross left over right

BODY SWAYS

- 9-10 Step right on to right swaying upper body, hold
- 11-12 Shift weight on to left swaying upper body, hold
- 13-14 Shift weight on to right swaying upper body, shift weight on to left swaying upper body
- 15-16 Shift weight on to right swaying upper body, shift weight on to left swaying upper body

SIDE TOE STRUTS, WEAVE ¼ TURN, COMPLETE TURN

- 17-18 Cross right toe over left, bring weight down on to right heel
- 19-20 Step left toe to left, bring weight down on to left heel
- 21-22 Cross right behind left, step to left on left turning ¼ left
- 23-24 Step on right turning ½ left, step on left turning ½ left

SLOW ROCKS, 1½ TURN RIGHT

- 25-26 Rock forward on to right, hold
- 27-28 Replace weight on to left, hold
- 29-30 Step back on right making ½ turn right, step on left making ½ turn right
- 31-32 Step forward on right making ½ turn right, hold

SLOW ROCKS, 1½ TURN LEFT

- 33-34 Rock forward on to left, hold
- 35-36 Replace weight on to right, hold
- 37-38 Step back on to left making ½ turn left, step on right making ½ turn left
- 39-40 Step forward on left making 1.2 turn left, hold

¼ PIVOT, WEAVE WITH ¼ TURN LEFT

- 41-42 Step forward on to right, hold
- 43-44 Pivot ¼ turn left, hold
- 45-46 Cross right over left, step left to side
- 47-48 Cross right behind left, step on left turning ¼ left

REPEAT
