

# If Only...

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Alan Robinson (UK)  
音樂: I Wish That I Could Fall In Love Today - Barbara Mandrell



## SIDE STRUTS, WEAVE

- 1-2            Step right to right with right toe, bring weight down onto right heel
- 3-4            Cross left toe over right, bring weight down onto left heel
- 5-6            Step right to side, step left behind right
- 7-8            Step right to side, cross left over right

## BODY SWAYS

- 9-10           Step right on to right swaying upper body, hold
- 11-12          Shift weight on to left swaying upper body, hold
- 13-14          Shift weight on to right swaying upper body, shift weight on to left swaying upper body
- 15-16          Shift weight on to right swaying upper body, shift weight on to left swaying upper body

## SIDE TOE STRUTS, WEAVE ¼ TURN, COMPLETE TURN

- 17-18          Cross right toe over left, bring weight down on to right heel
- 19-20          Step left toe to left, bring weight down on to left heel
- 21-22          Cross right behind left, step to left on left turning ¼ left
- 23-24          Step on right turning ½ left, step on left turning ½ left

## SLOW ROCKS, 1½ TURN RIGHT

- 25-26          Rock forward on to right, hold
- 27-28          Replace weight on to left, hold
- 29-30          Step back on right making ½ turn right, step on left making ½ turn right
- 31-32          Step forward on right making ½ turn right, hold

## SLOW ROCKS, 1½ TURN LEFT

- 33-34          Rock forward on to left, hold
- 35-36          Replace weight on to right, hold
- 37-38          Step back on to left making ½ turn left, step on right making ½ turn left
- 39-40          Step forward on left making 1.2 turn left, hold

## ¼ PIVOT, WEAVE WITH ¼ TURN LEFT

- 41-42          Step forward on to right, hold
- 43-44          Pivot ¼ turn left, hold
- 45-46          Cross right over left, step left to side
- 47-48          Cross right behind left, step on left turning ¼ left

## REPEAT

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