

If It's Real

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Advanced
編舞者: Opal Webb (USA)
音樂: Come On Over (All I Want Is You) - Christina Aguilera



KICK BALL KICK TOUCH TURN REPEAT

1&a2 Kick forward left, cross (left/right) ball-change, kick forward left (while traveling side right)
&3-4 Step left foot together, touch right Monterey turn (to the right), step(right)
5&a6 Right kick, cross (right/left) ball-change, right kick (traveling left)
&7-8 Step right foot together, touch left Monterey turn, step(left)

SIDE MAMBO ROCK HEEL-JACK PENCIL TURN LEFT BODY ROLL

1&2 Side rock left, recover right, step left together
&3&4 Right forward rock, recover left, step together. Right, touch left heel forward
&5-6 Step together with left foot, cross right over left, turn a full turn left
7-8 Body roll down(weight ending on right)

KNEE ROLLS, SWEEP TURN, SAILOR SHUFFLE, ¼ TURN LEFT, ¾ RIGHT

1-2 Roll left knee in and out
3&4 Roll right knee in, and out while kicking out right leg, full circle sweep turn right
5&6 Right sailor shuffle (behind side cross)
7-8 Step left foot forward making ¼ turn left, step right foot forward making ¾ turn right

TRIPLE STEP WALK WALK SYNCOPATED LOCK STEP ROCK STEP

1&2 Triple step forward (left right left)
3-4 Cross right over left, step left to left side
5&6 Fifth position lock step backward (right left right)
7-8 Rock left back, recover right

REPEAT
