

If I'm Gonna Sink

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver
編舞者: DJ Dan (NL) & Wynette Miller (NL)
音樂: If I'm Gonna Sink (I Might As Well Go To The Bottom) - Neko Case



TOE STRUTS FORWARD WITH SHIMMY; TOE TOUCHES FORWARD-SIDE, STOMP UP TWICE

1-2 With shimmy shoulders step on right toe forward, drop right heel
3-4 With shimmy shoulders step on left toe forward, drop left heel
5-6 Touch right toe forward, touch right toe to right side
7-8 Stomp right next to left twice

VINE RIGHT, TOUCH; POINT - CROSS HITCH TWICE

9-12 Step right to right side, cross left behind right, step right to right side, touch left next to right
13-14 Point left toe to left side, hitch left across right knee
15-16 Point left toe to left side, hitch left across right knee

VINE LEFT WITH ¼ TURN LEFT, TOUCH; KNEE ROLLS

17-20 Step left to side, cross right behind left, step left ¼ turn left, touch right next to left
21-22 Roll right knee out in 2 counts
23-24 Roll left knee out in 2 counts

& JUMP, HOLD, & JUMP, HOLD; HIP BUMPS

&25-26 Jump forward right, left, hold & clap
&27-28 Jump forward right, left, hold & clap
29-30 Step right slightly to right side bump hips right twice
31-32 Bump hips left twice

REPEAT

TAG

After wall 1, 2, 5, 6, 10, 11

1-4 Step right forward, hold, pivot ½ turn left, hold

RESTART

Restart on wall 7 after count 20

Dance pattern; 36-36-32-32-36-36-20 restart-32-32-36-36-19 end 12:00