If I Only Knew



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Setsuko Motoki (JP)

音樂: If I Only Knew - Tom Jones



PRESS, RECOVER, RIGHT COASTER, 1/4 PADDLE TURN RIGHT X4

1-2 Press right toe diagonally forward, push off from right foot and weight on left foot 3&4 Step back on right foot, step left foot beside right, step forward on right foot

5&6& Pivot ¼ turn right on ball of right foot and touch left foot to left side, hitch left foot to right

knee, pivot ¼ turn right on ball of right foot and touch left foot to left side, hitch left foot to right

knee

7&8 Pivot ¼ turn right on ball of right foot and touch left foot to left side, hitch left foot to right

knee, pivot 1/4 turn right on ball of right foot and touch left foot to left side, step left foot beside

right

HIP, HIP, TAP, STEP, TWICE

1-2 Step diagonally forward on right foot with hip push right, step diagonally forward on left foot

with hip push left

3-4 Tap right ball diagonally forward, step right foot in place

5-6 Step diagonally forward on left foot with hip push left, step diagonally forward on right foot

with hip push right

7-8 Tap left ball diagonally forward, step left in place

HITCH, TOUCH, PUSH, PUSH, BACK, STEP, HIP BUMPS

1-2 Hitch right foot with left foot straight up, touch right toe right side with bending left knee and

body lean left (weight on left foot)

3-4 Step right foot in place while bending right knee with upper body pushed to the right, step left

foot to left side while bending left knee with upper body pushed to the left

5-6 Step back on right foot, step left foot beside right with body straight up

7&8 Hip bumping right-left-right (weight on left foot)

BOOGIE WALK, ¾ TURN LEFT

1-2 ½ turn left on left foot, step diagonally forward on right foot, hold
3-4 ½ turn left on right foot, step diagonally forward on left foot, hold
5-6 ½ turn left on left foot, step diagonally forward on right foot, hold

7-8 Step diagonally forward on left foot, hold

REPEAT