

If I Fell

COPPER KNOB
BY STEPHEN

拍數: 40 牆數: 2 級數: Improver social cha
編舞者: Yvonne Anderson (SCO)
音樂: If I Fell - The Beatles



CROSS ROCK, SIDE SHUFFLE, WEAVE, ¼ TURN RIGHT

1-2 Rock right across left, recover weight on left
3&4 Step right to right, step left beside right, step right to right
5-8 Step left across right, step right to right, step left behind right, making ¼ turn right step right forward (3:00)

STEP ½ PIVOT RIGHT, SHUFFLE FORWARD, ¾ TURN LEFT, SHUFFLE FORWARD

9-10 Step left forward, pivot ½ turn right taking weight on right (9:00)
11&12 Shuffle forward stepping left, right, left
13-14 Make ¼ turn left stepping right to side, make ½ turn left stepping left forward (12:00)
15&16 Shuffle forward stepping right, left, right

CROSS, BACK, BACK, CROSS, BACK, ¾ TURN RIGHT, TOUCH

17-18 Step left across right, step right back, (12:00)
19-20 Step left back, step right across left
21-22 Step left back, make ½ turn right stepping right forward (6:00)
23-24 Make ¼ turn right stepping left to side, touch right toes beside left (9:00)

On walls 3 and 5 only, dance count 21 as touch right beside left and then restart

½ TURN RIGHT, BEHIND, TOUCH, CROSS, TOUCH, CROSS, BACK

25-26 Make ¼ turn right stepping right forward, make ¼ turn right stepping left to left side
27-28 Step right behind left, touch left toes to left
29-30 Step right across left, touch right toes to right
31-32 Step right across left, step left back

TURNING RHUMBA BOX

33-34 Step right to right, step left beside right
35-36 Step right forward, on ball of right make ½ turn stepping left beside right (9:00)
37-40 Repeat 1-4 above (3:00)

Easy option: for those who don't like to turn so much do a normal right foot lead rumba box and finish with a touch

REPEAT

RESTART

During 3rd and 5th repetition, dance up to count 21, touch right toes beside left, and start again from count 1