

If I Could

拍數: 0 牆數: 2 級數: Intermediate
編舞者: Stompin Steve Knowles (UK)
音樂: Back In Your Arms Again - Lorrie Morgan



Sequence: A, A, B, C, A, A, B, C, C, A, B, A. If danced to other music just dance Part A.

PART A

- 1-4 Step right foot diagonally forward right swaying hips right, sway hips left, sway hips right, touch left beside right & clap
- 5-8 Step left foot diagonally forward left swaying hips left, sway hips right, sway hips left, touch right beside left & clap.
- 9-16 Repeat steps 1-8.
- Over counts 17-20, make a ½ turn right**
- 17& Touch right heel over left, step right in place
- 18& Touch left heel over right, step left in place
- 19&20 Touch right heel over left, step right in place, touch left heel over right
- &21-22 Step left in place, cross right over left, step left to left
- 23-24 Cross right behind left, step left to left
- 25-32 Repeat steps 17-24
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- 33-36 Step right to right making ¼ turn right, step left to right making a ½ turn right, step right to right making a ¼ turn right, touch left beside right
- 37-40 Step forward on left, touch right beside left heel, step back on right making a ½ turn right, touch left beside right heel
- 41-44 Repeat steps 37-40
- 45-48 Repeat steps 37-40
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- 49-52 Step forward on left, touch right beside left heel, step back on right, step left beside right
- &53-54 Step forward & right on right, step forward & left on left, clap
- &55-56 Step back & left on right, step back & right on left, clap.

PART B

- 1-4 Step back on right, touch left beside right, step forward on left, step right beside left
- &5-6 Step back & left on left, step back & right on right, clap
- &7-8 Step forward & right on left, step forward & left on right, clap.

PART C

- 1-4 Cross right over left, step left to left, cross right behind left, step left to left
- 5-6 Rock right over left, rock back onto left
- 7&8 Step back on right, step left beside right, step forward on right
- 9-16 Repeat steps 1-8 starting on left