

# Idol Thoughts

拍數: 32      牆數: 4      級數: Improver social cha  
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音樂: Nothin' to Lose - Josh Gracin



## SYNCOPATED VINE, ROCK STEP, CROSS CHA-CHA

- 1            Lung left to left diagonal side
- 2            Recover on right
- 3&4        Step left behind right, step right to right side, step left in front of right
- 5            Rock right to right side
- 6            Recover on left
- 7&8        Cross right over left, step left to left side, cross right over left

## STEP ¼ TURN, LEFT COASTER STEP, STEP ½ MODIFIED TURN, LEFT COASTER STEP

- 9            Step left making ¼ turn to the right
- 10          Step right next to left
- 11&12      Step back on left, step back on right, step forward on left
- 13-14      Step right forward, making ½ to the left keeping weight on right
- 15&16      Step left back, step right next to left, step left forward (left coaster step)

## CROSS ROCK, STEP ¼ TURNS, STEP, CROSS CHA-CHA

- 17          Cross rock step with right
- 18          Recover on left
- 19          Step right making ¼ turn to the right
- 20          Step left making ¼ turn to the right
- 21          Recover on right
- 22-24      Cross left over right, step right, cross left over right

## MODIFIED BOX STEP CHA-CHAS

- 25          Step right to right side
- 26          Slide left next to right
- 27&28      Shuffle forward right, left, right
- 29          Step left to left side
- 30          Touch right next to left
- 31&32      Shuffle back, right, left, right

## REPEAT

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