

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Jamie Marshall (USA) & Steve Brain (UK)
音樂: See Ya - Atomic Kitten



KICK, KICK, KNEE, KICK BACK, KICK FORWARD, KICK FORWARD, POINT LEFT TO LEFT, PIVOT ¼ TO RIGHT (THE "VERDONK" MOVE)

1&2& Kick right forward, replace, kick left forward, replace
3&4 Hook right foot behind bent left knee, straighten left with scoot, kick right straight back
&5&6& Hitch right, kick right forward, replace, kick left forward, replace
7-8 Point right to right, pivot ¼ right on ball of left touching right next to left

STOMP, STOMP, CROSS HANDS, LOOK RIGHT, LEFT, BUMP HIPS

9-10 Stomp right forward, stomp left next to right (shoulder length apart)
11-12 Cross right hand to left side, cross left hand to right side
13-14 Look right while bumping left, look left while bumping right
15-16 Roll hips to the left

Option: Replace 15-16 with double thrusts forward, moving crossed hand up and down (WWF)

KICK, KICK, KNEE, KICK BACK, KICK FORWARD, KICK FORWARD, POINT LEFT TO LEFT, PIVOT ¼ TO RIGHT (THE "VERDONK" MOVE)

17&18& Kick right forward, replace, kick left forward, replace
19&20 Hook right foot behind bent left knee, straighten left with scoot, kick right straight back
&21&22& Hitch right, kick right forward, replace, kick left forward, replace
23-24 Point right to right, pivot ¼ right on ball of left touching right next to left

HEEL, TOE, RIGHT FORWARD SHUFFLE, HEEL, TOE, LEFT FORWARD SHUFFLE

25-26 Extend right heel forward, extend right toe back
27&28 Step right forward, step left next to right, step right forward
29-30 Extend left heel forward, extend left toe back
31&32 Step left forward, step right next to left, step left forward

RUNNING MAN, JUMP OUT, HEAD DOWN, UP, SMALL JUMPS BACK TO CENTER

&33 Pull back on left as you lift right, step forward on right
&34 Pull back on right as you lift left, step forward on left
&35 Pull back on left as you lift right, step forward on right
&36 Pull back on right as you lift left, step forward on left
&37 Small step right to right, small step left to left
38-39 Bend head down, lift head up
&40 Two small jumps back to center

KICK, KICK, SAILOR STEP, KICK, SWEEP TURNING ¼ LEFT, SAILOR STEP

41-42 Kick right forward and across left, kick right to right
43&44 Cross right behind left, step left to left, step right to right
45-46 Kick left forward & across right, pivot ¼ left on ball of right while sweeping left while making turn
47&48 Cross left behind right, step right to right, step left to left

REPEAT

When dancing to "See Ya", omit counts 41-48 on the second wall only. Dance as choreographed to all other music.

