

Ice Cool Country

COPPER KNOB
STEPSHEETS

拍數: 44 牆數: 0 級數:
編舞者: Ron Hitchen (UK) & Barbara Hitchen (UK)
音樂: The More Things Change - Mary Chapin Carpenter



Position: Start in side by side position

HEEL STRUTS

1-4 Right heel forward; toes slap down, left heel forward; toes slap down
5-8 Repeat steps 1-4

BACKWARD TOE STRUTS

9-12 Right toes back, heel slap down, left toes back, heels slap down
13-16 Repeat steps 9-12

CROSS, UNWIND, KICK-BALL-CHANGES

17-20 Right step across front of left; drop hands pivot $\frac{1}{2}$ turn left on balls of both feet taking 2 beats. Lower heels to floor shifting weight to left. Rejoin hands in front, left hands above right hands)
21&22 Right kick forward; step on ball of right; change weight to left in place
23&24 Repeat steps 21&22

CROSS, UNWIND, STEP, SLIDE, STEP, SCUFF

25-28 Right step across front of left, pivot $\frac{1}{2}$ turn left on balls of both feet taking 2 beats (keep hold of both hands lifting left arms over lady's head back into side by side), lower heels to floor shifting weight to left
29-32 Step right forward, left slide up behind right, step right forward, left scuff forward

STEP, SLIDE, STEPS & SCUFFS

33-36 Left step forward; right slide up behind left; left step forward, right scuff forward
37-40 Right step forward; left slide up behind right; right step forward; left scuff forward

LEFT VINE WITH TURNS & SCUFF

41-44 Left step forward making $\frac{1}{4}$ turn to right; right step behind left, left step to left side making $\frac{1}{4}$ turn to left; right scuff forward

REPEAT
