

I've Found You

拍數: 64 牆數: 1 級數: Intermediate
編舞者: Phil Dewsbury (UK) & Caroline Dewsbury (UK)
音樂: Baby, Now That I've Found You - Lauren Waterworth



RIGHT CROSS ROCK, RECOVER, CHASSE RIGHT, LEFT CROSS ROCK, RECOVER, CHASSE LEFT

1-2 Rock right foot over left, recover weight onto left
3&4 Chasse right, right-left-right
5-6 Rock left foot over right, recover weight onto right
7&8 Chasse left, left-right-left

CROSS, UNWIND FULL TURN, HOLD, GRAPEVINE RIGHT

1-4 Cross right foot over left, unwind full turn left over two counts (weight stays on left foot), hold
5-8 Step right to right side, cross left behind right, step right to right side, step left together

¼ MONTEREY TURN RIGHT TWICE

1 Touch right toe to right side
2 On ball of left pivot ¼ turn right stepping right beside left
3-4 Touch left to left side, step left beside right
5-8 Repeat steps 1-4

CHASSE RIGHT, ROCK BACK, STEP, PIVOT FULL TURN, RIGHT SHUFFLE FORWARD

1&2 Chasse right, right-left-right
3-4 Rock back left, recover weight onto right
5-6 Step forward left, pivot full turn right hooking the right foot in front of the left
7&8 Shuffle forward right-left-right

MIRROR

LEFT CROSS ROCK, RECOVER, CHASSE LEFT, RIGHT CROSS ROCK, RECOVER, CHASSE RIGHT

1-2 Rock left foot over right, recover weight onto right
3&4 Chasse left, left-right-left
5-6 Rock right foot over left, recover weight onto left
7&8 Chasse right, right-left-right

CROSS, UNWIND FULL TURN, HOLD, GRAPEVINE LEFT

1-4 Cross left foot over right, unwind full turn right over two counts (weight stays on right foot), hold
5-8 Step left to left side, cross right behind left, step left to left side, step right together

¼ MONTEREY TURN LEFT TWICE

1 Touch left toe to left side
2 On ball of right pivot ¼ turn left stepping left beside right
3-4 Touch right to right side, step right beside left
5-8 Repeat steps 1-4

CHASSE LEFT, ROCK BACK, STEP, PIVOT FULL TURN, LEFT SHUFFLE FORWARD

1&2 Chasse left, left-right-left
3-4 Rock back right, recover weight onto left
5-6 Step forward right, pivot full turn left hooking the left foot in front of the right
7&8 Shuffle forward left-right-left

REPEAT

TAG

Danced once after one complete rotation

RIGHT CROSS ROCK, RECOVER, CHASSE RIGHT, LEFT CROSS ROCK, RECOVER, CHASSE LEFT

- 1-2 Rock right foot over left, recover weight onto left
- 3&4 Chasse right, right-left-right
- 5-6 Rock left foot over right, recover weight onto right
- 7&8 Chasse left, left-right-left

CROSS, UNWIND FULL TURN, HOLD, ½ PIVOT TURN TWICE

- 1-4 Cross right foot over left, unwind full turn left over two counts (weight stays on left foot), hold
- 5-8 Step forward right, half turn left, step forward right, half turn left

Re-start dance from the beginning facing 12:00 leading with the right

OPTIONAL ENDING

Dance to the home wall (counts 1-16) and instead of a ¼ Monterey right dance a full Monterey and finish with style!
