

I'm Still Standing

COPPER KNOB
STEPSHEETS

拍數: 136 牆數: 4 級數: Improver
編舞者: Linda Brooks (UK)
音樂: I'm Still Standing - Elton John



STEPS TO RIGHT, & LEFT, FORWARD DIAGONALS WITH CLAPS, STEPS BACK WITH TAPS

- 1-8 Step right, to right, forward diagonal, close left, to right, step right, to right, forward diagonal, tap left, beside right, and clap, repeat steps and clap to left, diagonal
9-12 Step right, back, tap left, beside right, step left, back tap right, beside left
13-16 Repeat steps 9-12

STOMP, HEEL TAPS, KICK SLOW COASTER RIGHT, & LEFT

- 17-20 Stomp right, slightly forward, lift and tap right, heel 3 times
21-24 Kick right, forward, step back right, step back left, step forward right
25-32 Repeat steps 17-24 stomps, heel taps, kick slow coaster but on left

SIDE STEPS RIGHT, SCUFF, SIDE STEPS LEFT, ¼ TURN LEFT, SCUFF

- 33-36 Step right, to right, side, close left, to right, step right, to right, side, scuff left, beside right
37-40 Step left, to left, side, close right, to left, step left, to left, side turning ¼ left, scuff right, beside left

MAMBO ROCKS, STOMP, HOLD RIGHT, & LEFT, SIDES, BACK KICK FORWARD TAP, TWICE

- 41-48 Rock right, to right, side, rock onto left, stomp right, beside left, hold one beat, then repeat to left
49-52 Step back right, kick left, forward, step left, slightly in front of right, tap right, toe beside left
53-56 Repeat steps 49-52 back, kick, forward, tap

SLOW SHUFFLES & SCUFFS WITH ¼ TURN RIGHT, ½ TURN LEFT, ¼ TURN RIGHT, ½ TURN LEFT

- 57-60 Turn ¼ right, stepping right, forward, close left to right, step right, forward, scuff left, beside right
61-64 Turn ½ left, stepping left, forward, close right, to left, step left, forward, scuff right, beside left
65-72 Repeat steps 57-64

MAMBO ROCKS, STOMP, HOLD RIGHT, & LEFT, SIDES, BACK KICK FORWARD TAP TWICE

- 73-88 Repeat steps 41-56

TOE STRUTS TO FORWARD RIGHT, & LEFT, DIAGONALS, THEN BACK IN PLACE & REPEAT

- 89-92 Tap right, toe forward to right, diagonal, slap heel down (push hips to right, for styling), tap left, toe forward to left, diagonal, slap left, heel down (push hips to left, for styling)
93-96 Tap right, toe back in place, slap heel down, tap left, toe beside right, slap heel down
97-104 Repeat steps 89-96 toe struts to diagonals and back in place

VINE RIGHT, WITH CLICKS, ½ PIVOT WITH HOLDS, ¼ PIVOT WITH HOLDS, & REPEAT

- 105-112 Step right, to right, side, hold clicking fingers up, step left, behind right, hold clicking fingers down, step right, to right, hold clicking fingers up, step left, across right, hold clicking fingers down
113-120 Step forward right, hold one beat, turn ½ left weight onto left, hold one beat, step forward right, hold one beat, turn ¼ left, weight onto left, hold one beat
121-136 Repeat steps 105-120 vine with clicks, ½ pivot with holds, ¼ pivot with holds

REPEAT

RESTART

On first wall just dance steps 1-40 (up to left side steps with $\frac{1}{4}$ turn left, and scuff). Then start the dance again from beginning

The other walls are straight through steps 1-136 apart from at the end of wall 4 facing 12:00 just dance from steps 105-136 vines & clicks to end of dance and just keep doing that until the music finishes
