

I'm Ready

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Nancy Morgan (USA)
音樂: I'm Ready - Randy Travis



SHUFFLE FORWARD, ½ TURN SHUFFLE BACK, BACK ROCK, KICK-BALL-CHANGE

1&2 Shuffle forward - right, left, right
3&4 As you turn ½ turn to your right, shuffle back - left, right, left
5-6 Rock/step back on right and forward on left
7&8 Kick-ball-change - kick right foot forward, step right foot next to left as you lift left foot up, set left foot next to right (weight is on left)

TOUCH, STEP, ½ TURN TOUCH STEP, ¼ TURN JAZZ BOX SQUARE

1-2 Touch right toe forward, step right foot in place
3-4 Turn ½ turn to left as you touch left foot forward, step left foot in place
5-6-7-8 Cross right over left, step back on left, step right to right side, step left foot slightly forward

FORWARD ROCK, ½ TURN SHUFFLE, STEP FORWARD, PIVOT ½ TURN, SHUFFLE FORWARD

1-2 Rock/step forward on right and back on left
3&4 As you turn ½ turn to your right, shuffle forward - right, left, right
5-6 Step forward on left, pivot ½ turn to your right (weight is on right)
7&8 Shuffle forward - left, right, left

FORWARD ROCK, SKIP BACK TWICE, BACK ROCK, TOUCH HEEL FORWARD, TOUCH TOE BACK

1-2 Rock/step forward on right and back on left
3& Pick right foot up and place it behind your left as you hop on left (it is like skipping back)
4& Pick left foot up and place it behind your right as you hop on right (it is like skipping back)
5-6 Rock/step back on right and forward on left
7-8 Touch right heel forward, touch right toe back

REPEAT
