

I'm Positive

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Margaret Mauch (USA)
音樂: Neutron Dance - The Pointer Sisters



WALK FORWARD LEFT, RIGHT, LEFT MAMBO STEP, RIGHT MAMBO STEP, BACK COASTER

1-2 Walk forward stepping out left, right (swing arms palms down left, right with steps)
3&4 Rock left to left side, recover on right, step left beside right
5&6 Rock right to right side, recover on left, step right beside left
7&8 Step back on left, step right beside left, step left forward

STEP RIGHT FORWARD, ½ PIVOT LEFT, SHUFFLE FORWARD RIGHT-LEFT-RIGHT, KICK, OUT, OUT, HOLD, QUICK RIGHT KNEE POPS 3X

1-2 Step forward onto right, make ½ pivot turn to left, step onto left
3&4 Shuffle forward right, left, right
5&6 Kick left forward, syncopated step left out, then right out beside left
7&8& Hold, quick right knee pops 3x

STEP FORWARD RIGHT, ¼ TURN LEFT, CROSS SHUFFLE, STEP LEFT BACK ¼ TURN RIGHT, STEP RIGHT BESIDE, CROSS SHUFFLE

1-2 Step forward right, ¼ turn left onto left
3&4 Cross shuffle right, left, right
5-6 Step back ¼ turn right onto left, step right beside left
7&8 Cross shuffle left, right, left

SYNCOPATED WEAVE, STEP BESIDE, BEHIND, ¼ TURN LEFT STEPPING FORWARD ON LEFT, KICK, STEP BESIDE, FLICK LEFT WITH ATTITUDE

1-2 Step right to right side, step left behind right
3&4 Step right beside left, cross left over right, rock right out to right side
5-6& Recover on left, step right behind left, ¼ turn left onto left
7-8 Step forward onto right, flick left (bent knee) out to side (look to the left, arms swing to the right with palms facing the floor)

REPEAT
