

I'm Outta Love (Set Me Free)

COPPER KNOB
BY STEPHEN METZ

拍數: 68 牆數: 2 級數:
編舞者: Amy Hughes & Friends (INA)
音樂: I'm Outta Love - Anastacia



- &1-2-3-4 Step right to right side, step/replace weight on left, rock/step back on right, step forward on left, step forward on right
5-6-7&8 Step forward on left, pivot turn ½ turn right (weight on right), shuffle forward left-right-left
- &1&2&3&4 Rock/step right to right side, replace weight on left, rock/step back on right, replace weight on left, repeat last 2 counts
5-6-7-8 Step right to right side, rock/step left behind right, rock/step forward on right, step left to left
- 1&2-3&4 (Right sailor) step right behind left, step left to left side, replace, weight on right, (left sailor) step left behind right, step right to right side, replace weight on left
5-6-7&8 Touch right foot across behind left, unwind full turn right ending weight on right, shuffle forward left-right-left
- 1-2-3&4 Rock/step forward on right, replace weight on left, shuffle back right-left-right
&5&6&7&8 Step left to left & slightly back, step right across in front of left, step left to left, right heel 45 degrees right, step right to right & slightly back, step left across in front of right, step right to right, left heel 45 degrees right (cross & heel)
- &1-2-3&4 Step ball of left beside right, rock forward at 45 degrees left on right foot, rock/step back on left (straightening up), turn ¼ turn right shuffle forward right-left-right
5-6-7-8 Turning full turn right step forward left-right, rock/step forward on left, rock back on right
- 1&2-3-4 Turning 540 degrees left shuffle left-right-left (option: ½ turn left shuffle left-right-left), rock/step forward on right, replace weight on left
5&6-7-8 (Right coaster step) step back on right, step left beside right, step forward on right, step forward on left, pivot ¼ turn right weight on right
- 1&2-3&4 Cross/step left across in front of right, step right to right side, replace weight on left, cross/step right across in front of left, step left to left side, replace weight on right (cross sambas)
5-6-7-8 Rock/step forward on left, rock/replace weight on right, turn ½ turn left step forward on left, turn ½ turn left step back on right
- 1-2-3-4 Rock/step back on left, step forward on right, step forward on left, pivot turn ½ turn right (weight on right)
5-6-7-8 Turning ½ turn right shuffle left-right-left, rock step back on right, step forward on left
- 1-2-3-4 Side rock right to right side, replace weight on left, rock/step back on right, step forward on left

REPEAT

RESTART

On wall 2 after cross sambas, ?rock/step forward on left, rock replace weight on right

- 1-2-3-4 Rock/step back on left, touch right beside left & restart dance

TAG

After wall 4 add 16 counts

- 1-2&3-4 Step right to right, step left behind right. Step right to right side, step left across in front of right, step right to right side
- 5-6-7-8 Step left to left, step right behind left. Step left to left side, step right cross in front of left, step left to left side
- 1&2-3&4 (Right sailor) step right behind left, step left to left side, replace weight on right, (left sailor) step left behind right, step right to right side. Replace weight on left
- 5-6-7-8 Step forward on right, pivot $\frac{1}{2}$ turn left weight on left. Step forward on right, pivot $\frac{1}{2}$ turn left weight on left

Begin wall 5
