

I'm Outta Here

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Hayley Kennedy
音樂: (If You're Not In It for Love) I'm Outta Here! - Shania Twain



KICK, TOUCH BACK, ½ TURN, KICK BALL TOUCHES

- 1-2 Kick right foot forward, touch right toe behind
3-4 While keeping foot in position, bend knees and make ½ turn over right shoulder. Straighten knees
5&6 Kick right foot forward, replace right, touch left toe to left side
7&8 Kick left foot forward, replace left, touch right toe to right side

PADDLE TURN, SIDE TOUCHES, ROLLING GRAPEVINE

- 9-10 Pushing with right toe pivot 1/8 turn left on left foot twice
11&12 Taking weight on right, touch left toe to left side. Replace left touch right toe to right side
13-16 Rolling grapevine to the right

KNEE HITCHES & SLIDES, MAMBO TURN, STEP ½ TURN

- 17&18 Hitch left knee, step left to left side, slide right foot next to left
19&20 Hitch left knee, step left to left side, slide right foot next to left
21&22 Rock forward on left, recover on right, while making ¼ turn left, step forward left
23-24 Step forward right, pivot ½ turn over left shoulder

KICK BALL TOUCH, FAN KNEE, KICK BALL TOUCH, FAN KNEE

- 25&26 Kick right foot forward, replace right foot, touch left toe next to right
27-28 Turn left knee out to left side keeping toe in place while turning head to left and clicking fingers at shoulder level. Bring knee back in
29&30 Kick left foot forward, replace left foot, touch right toe next to right
31-32 Turn right knee out to right side, keeping toe in place while turning head to right and clicking fingers at shoulder level bring knee back in

SHUFFLES FORWARD, KNEE POPS

- 33&34 Right shuffle forward
35&36 Left shuffle forward
37-40 Pop knees right, left, right, left while gradually turning ¼ right

KICKS, CROSS SHUFFLE, ROCK RECOVER

- 41-42 Kick left foot across right, take weight onto left
43-44 Kick right foot to right side, take weight on right
45&46 Cross shuffle left over right
47-48 Rock onto right foot, recover onto left

BEHIND, SIDE, IN FRONT, SIDE SHUFFLE, STEP ½ TURN, STOMPS

- 49&50 Cross right foot behind left, take left foot to left side, cross right foot in front of left
51&52 Make a side shuffle left
53-54 Step forward right, pivot ½ turn left
55-56 Stomp right foot, stomp left foot

STEP ½ TURN, HIP BUMPS, STOMP & HEEL SWINGS

- 57-58 Step forward on right foot, make ½ turn left
59-60 Bump hips right and left, keeping weight on left foot
61-62 Stomp right foot slightly in front of left, bring right heel off the ground so weight is on right toe

63-64

Swing right heel inwards twice

REPEAT
