I'm Not In The Mood

拍數: 32	牆數: 2	級數: Improver

編舞者: David J. McDonagh (WLS)

音樂: I'm Not In the Mood (To Say No)! - Shania Twain

Red & Blue CDs (Red is preferred). After the vocals "yeah", wait for 8 counts and then start the dance (straight after the vocals "okay")

TOUCH, 2 TWISTS, & TOUCH-BALL-SIDE, REPEAT (WITH ¼ LEFT)

1&2	Touch right toe forward, on balls of both toes twist both heels right, left
&	Hitch right knee
3&4	Touch right toe beside left, step right to right side, step left beside right
5&6	Touch right toe forward, on balls of both toes twist both heels right, left
&	Hitch right knee
7&8	Touch right toe beside left, step right to right side with ¼ turn left, step left beside right

MOVE (RIGHT-LEFT, 2X RIGHT, LEFT-RIGHT, 2X LEFT) USING HIPS

1	Step right forward to right diagonal leading with hips
2	Step left forward to left diagonal leading with hips
3-4	Repeat count (1) of this section twice (i.e., 2 to the right)
5-6	Repeat count (2) of this section, repeat count (1) of this section
7-8	Repeat count (2) of this section twice (i.e., 2 to the left)

STEP ½ PIVOT, & LOCK UNWIND ½ TURN, JAZZ BOX INTO POINTS

1-2	Step right forward, pivot ½ turn left
&3-4	Step right forward, lock left behind right, unwind ½ turn left
5-6&	Cross-step right over left, step left back, step right beside left
7&8	Point left to left side, step left beside right, point right to right side

KNEE POPS (W ¼ LEFT), SYNCOPATED JAZZ BOX (TOUCH)

1	Touch right toe forward popping right knee forward
2	Pop left knee forward, replacing right knee to normal (i.e. Straight leg)

Keep your head facing this wall until count 4

&	Keep feet in place and swing left knee ¼ turn left (towards back wall)
3	Keep feet in place and swing right knee ¼ turn left
4	Turn head ¼ turn left (to face back wall)
5-6&	Cross-step right over left, step left back, step right beside left
7-8	Cross-step left over right, touch right beside left

REPEAT