

I'm Movin On

拍數: 48 牆數: 2 級數: waltz
編舞者: Craig Bennett (UK)
音樂: I'm Movin' On - Rascal Flatts



LEFT TWINKLE, RIGHT TWINKLE ¼ TURN

1-2-3 Cross left over right, step right to side, step left to left side
4-5-6 Cross right over left, ¼ stepping back onto left, step right foot to right side

LEFT CROSS POINT, HOLD, ROCK BACK, POINT

1-2-3 Cross left over right, point right foot to right side hold for one count
4-5-6 Rock back onto right, recover weight onto left, point right to right side

WEAVE TO THE LEFT, SLIDE AND HOLD

1-2-3 Right behind left, left to the side, step right in front of left
4-5-6 Long step to left, slide right to left and touch

FULL TURN TO THE RIGHT, LEFT TWINKLE ½ TURN

1-2-3 Stepping on right foot make ¼ turn right, ½ turn right stepping back on left and ¼ turn stepping right to side
4-5-6 Cross left over right, make ¼ turn stepping back on right, step ¼ turn left stepping left to side

RIGHT AND LEFT BACK TWINKLES

1-2-3 Cross right over left step back on left step right to side
4-5-6 Cross left over right, step back on right step left to left side

RIGHT BACK TWINKLE CROSS LEFT OVER RIGHT, POINT RIGHT SIDE AND HOLD

1-2-3 Cross right over left step back on left step right to side
4-5-6 Cross left over right point right toe to right side and hold

FULL MONTEREY TURN AND POINT, LEFT TWINKLE WITH ¼ TURN

1-2-3 Turning over right shoulder make full Monterey turn pointing left to left side
4-5-6 Cross left over right making ¼ turn left

RIGHT CROSS BACK SIDE, ROCK RECOVER TOUCH

1-2-3 Cross right over left, step left to side, step right to right side
4-5-6 Rock forward on left recover weight onto right, touching left toe slightly in front of right

REPEAT
