

I'm Lost Without You

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Geri Morrison (UK)
音樂: Lost Without You - Delta Goodrem



FULL SAILOR TURN, SYNCOPATED ROCK STEP, JAZZ BOX ¼ TURN, RONDE, STEP BACK

1&2 Sweep right behind left making a full turn right, stepping right left right, (alternative right sailor step)
3&4 Cross rock left over right, recover weight on right, step left to left
5&6 Sweep right over left, turn ¼ right on left, step right to right,
7&8 Sweep left over right, step back on right, step back on left

FULL SAILOR TURN, SYNCOPATED ROCK STEP, JAZZ BOX ¼ TURN, RONDE, STEP BACK

1-8 Repeat above counts 1-8 (now facing 6:00)

SYNCOPATED WEAVE, SWEEP BEHIND ½ TURN STEP, SWEEP BEHIND ¼ STEP

1&2 Cross right over left, step left to left, cross right behind
&3&4 Step left to left side, cross right over left, step left to left side, cross right behind left
5&6 Sweep left behind right, turn ½ right on right, step left to left
7&8 Sweep right behind left, turn ¼ left on left, step forward on right

PIVOT ½, TRIPLE ½ TURN, COASTER, SWAY- RIGHT- LEFT, SWEEP BEHIND SIDE CROSS

1 Pivot ½ turn left
2&3 Triple ½ turn left, right left right (9:00)
4&5 Step back on left, step right beside left, step forward on left (left coaster)
6-7 Rock right to right side, (sway right) recover weight on left, (sway left)
8&1 Sweep right behind left, step left to left, cross right over left

HINGE ½ TURN CROSS, COASTER, FULL TRIPLE TURN, PIVOT TURN STEP

2&3 Step left to left, turn ½ right stepping on right, cross left over right
4&5 Step back on right, bring left beside right, step forward on right, (right coaster)
6&7 Triple full turn right, stepping left right left, (traveling forward)
8&1 Step forward on right, pivot ½ turn left, step forward on right (9:00)

LEFT LOCK STEP, PIVOT ½ TURN STEP, SYNCOPATED ROCK STEPS

2&3 Step forward on left, bring right behind left, step forward on left
4&5 Step forward on right, pivot ½ turn left, step forward on right
6&7 Rock forward on left, recover weight on right, rock back on left
&8 Recover weight on right, step left to left, (3:00)

REPEAT