

I'm In The Mood

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Steve Price (UK)
音樂: I'm In the Mood for Dancing - The Nolans



HEEL, TOE, SHUFFLE FORWARD, STEP ½ TURN, FULL TURN, STEP

1-2 Step right heel forward, step right toe back,
3&4 Shuffle forward right-left-right
5&6 Step left forward, ½ turn right on ball of right, stepping forward left
7&8 Step back on right turning ½ left, pivoting on right foot, turn ½ left, stepping forward on left

HEEL, TOE, SHUFFLE FORWARD, ROCK ¼ TURN, FULL TURN

9-10 Step right heel forward, step right toe back,
11&12 Shuffle forward right-left-right
13&14 Rock left forward and turn ¼ left, stepping left foot beside right
15&16 (Traveling left) pivot ½ left on left, stepping right beside left, pivot ½ left on right, stepping left beside right

CROSS SHUFFLE, ROCK, ¼ SAILOR, STEP PIVOT ¼, CROSS SHUFFLE

17&18 Cross right over left, step left next to right, cross right over left
19&20 Rock left to left side, recover on right, cross left behind right, turn ¼ left, stepping right next to left, step left in place
21-22 Step right forward and pivot ¼ left,
23&24 Cross right over left, step left next to right, cross right over left

ROCK, SAILOR STEP, POINT BEHIND, TURN ¾

25-26 Rock left to left side, recover on right,
27&28 Step left behind right, step right in place, step left in place
29-30 Point right toe behind left heel and
31-32 Pivot ¾ right, step left next to right

HEEL, TOE, SHUFFLE FORWARD, ROCK ½ TURN, FULL TURN, STEP

33-34 Step left heel forward, step right toe back
35&36 Shuffle forward left-right-left
37&38 Step right forward, ½ turn left on ball of left, stepping forward right
39&40 Step back on left turning ½ right, pivoting on left foot, turn ½ right, stepping forward on right

HEEL, TOE, SHUFFLE FORWARD, ROCK ¼ TURN, FULL TURN

41-42 Step left heel forward, step left toe back,
43&44 Shuffle forward left-right-left
45&46 Rock right forward and turn ¼ right, step right foot beside left
47&48 (Traveling right) pivot ½ right on right, stepping left beside right, pivot ½ right on left, stepping right beside left

CROSS SHUFFLE, ROCK, ¼ SAILOR, STEP PIVOT ¼, CROSS SHUFFLE

49&50 Cross left over right, step right next to left, cross left over right
51&52 Rock right to right side, cross right behind left, turn ¼ right on right, stepping left next to right, step right in place
53-54 Step left forward and pivot ¼ right on left,
55&56 Cross left over right, step right next to left, cross left over right

ROCK, SAILOR STEP, POINT BEHIND TURN ½

57-58 Rock right to right side, recover on left
59&60 Step right behind left, step left in place, step right in place
61-62 Point left toe behind right heel
63-64 Pivot $\frac{1}{2}$ right on right, step right next to left

REPEAT
