# I'm In Love



拍數: 0 牆數: 2 級數: Intermediate

編舞者: Maggie Muir (UK)

音樂: Feels Like I'm In Love - Elli Luha



Sequence: AA, BA, BC, AA\*, BC

### **SECTION A**

# HIP BUMPS UP AND DOWN WITH ARM MOVEMENTS

Step right foot diagonally forward bumping right hip up, at the same time sharply wave right 1&

hand out, bump hips back in an upward left diagonal direction bringing hand in

2 Bend knees slightly and bump right hip down to the right diagonal wave right hand down &

out

& Bump hips back to the left downwards diagonal bringing hand in

3& Straighten knees and bump right hip up to the right diagonal, right hand waves up and out,

bump hips back left bringing hand in

4 Bend knees slightly and bump right hip down to the right diagonal sharply wave right hand

down and out

& Straighten up as you turn to face the left diagonal hitching left knee bring right hand back in 5-8

Repeat counts 1-4 leading with the left, i, e, : bump left hip up and down and up and down

waving left hand out and in and out and in

### RIGHT KICK BALL CHANGE TWICE, PADDLE TURNS (1 & ½) LEFT

9&10	Kick right foot forward, place weight onto right ball, change weight back onto the left
11&12	Kick right foot forward, place weight onto right ball, change weight back onto the left
&13	On the left foot pivot ¼ turn left, touch right toe to the right
&14	On the left foot pivot ½ turn left, touch right toe to the right
&15	On the left foot pivot ½ turn left, touch right toe to the right
&16	On the left foot pivot ¼ turn left, touch right toe to the right

If you do not like spins make ½ turn only over the four counts

### 'KNEES SHAKING' ANKLE BREAKS, TOUCH, TURN 1/4 LEFT, KICK LEFT, LEFT COASTER STEP

& Cross right over left locking ankles together stepping up onto toes

17&18 Shake hips down to feet rocking both feet right, left, right Step quickly to the left and lock feet together as before 19&20 Shake hips down to feet rocking both feet right, left, right 21& Touch left foot out to the left, on right foot 1/4 turn left

22 Kick left foot forward

23&24 Step left foot back, bring right beside left, step left foot forward

# 1/4 TURN LEFT SHIMMY STEPS X 4, (WHOLE TURN IN TOTAL OVER 8 COUNTS)

On ball of left 1/4 turn left &

25-26 Step right foot right as you shimmy

On ball of right 1/4 turn left &

27-28 Step left foot left as you shimmy

On ball of left 1/4 turn left &

29-30 Step right foot right as you shimmy

& On ball of right 1/4 turn left

31&32 Step left foot left as you shimmy

### VAUDEVILLE HOPS, ROCK FORWARD RIGHT RECOVER, TRIPLE 1/2 TURN RIGHT

&33&34 Step left slightly back, cross right over left, step left to left, dig right heel forward

&35&36	Step right in place.	cross left over right.	step right to right.	dig left heel forward

&37-38 Step left in place, rock right forward, recover onto left

39&40 Turning right cha-cha-cha ½ (right-left-right)

### VAUDEVILLE HOPS, ROCK FORWARD LEFT RECOVER, TRIPLE ½ TURN LEFT

&41&42	Step right slightly back, cross left over right, step right to side, dig left heel forward
&43&44	Step left in place, cross right over left, step left to left side dig right heel forward

&45-46 Step right in place, rock forward onto left, recover onto right

47&48 Turning left cha-cha-cha ½ turn (left-right-left)

# SKIP RIGHT, SKIP LEFT, CHASSE RIGHT, SKIP LEFT, SKIP RIGHT, CHASSE LEFT ENDING WITH 1/4 TURN LEFT

Hitch the right knee and skip to the right sliding left to meet
Hitch the left knee and skip to the left sliding right to meet
Right foot steps right, bring left to meet, right foot steps right
Hitch the left knee and skip to the left sliding right to meet
Hitch the right knee and skip to the right sliding left to meet

55&56 Left foot steps left, right foot steps beside left, step left to left turning ¼ left

On the chasse steps continue the 'skippy' feel

# PIVOT ½ TURN LEFT, STEP RIGHT FORWARD, CROSS LEFT OVER RIGHT, FULL UNWIND, LEFT COASTER

57-58	Step right foot forward, pivot ½ turn left
59-60	Step right foot forward, cross left over right
61-62	Unwind full turn right keeping weight on right

63&64 Left foot steps back, bring right foot alongside, left foot steps forward

#### **SECTION B**

### WALK RIGHT, WALK LEFT, PIVOT ½ LEFT, STOMP RIGHT, STOMP LEFT, APPLEJACKS TWICE

1	Walk forward right with foot directly in front of left
2	Walk forward left with foot directly in front of right
3-4	Sten right foot forward, pivot 1/2 turn left

5-6 Step right foot forward, pivot ½ turn left 5-6 Stomp right in place, stomp left in place

Fan left toe left and at the same time bring left heel in, turn feet back into place
Fan right toe right and at the same time bring left heel in, turn feet back into place

9-16 Repeat counts 1-8

### **SECTION C**

### CHASSE RIGHT, LEFT AND RIGHT SAILOR STEPS, CROSS LEFT OVER RIGHT, FULL UNWIND

1&2 Right foot steps right, bring left to meet, step right to right

Step left behind right, step right beside left, step left foot forward

Step right behind left, step left beside right, step right foot forward

7-8 Cross left over right, unwind full turn right

An easier alternative to the full unwinds, cross rock left over right and recover

### CHASSE LEFT, RIGHT AND LEFT SAILOR STEPS, CROSS RIGHT OVER LEFT, FULL UNWIND

9&10 Left foot steps left, bring right to meet, step left to left side

Step right behind right, step left beside right, step right foot forward
Step left behind right, step right beside left, step left foot forward

15-16 Cross right over left, unwind full turn left

An easier alternative to the full unwinds, cross rock right over left and recover

### STOMPS WITH ARMS

17-20	Stomp right foot diagonally forward, over three counts slowly raise arms up
21-24	Stomp left foot diagonally forward, over three counts slowly lower arms

25-28	Stomp right beside left (without weight) feet slightly apart, over three counts slowly raise arms
	upwards
29-32	Over four counts bring arms back down putting in a 'jerky' movement as you bounce heels up
	and down rocking right, left, right, left

# **SECTION A\***

This is the first 32 counts of section a. As you do the shimmy steps, on the last turn, turn  $\frac{1}{2}$  instead of  $\frac{1}{4}$  to keep you facing your 12:00 wall. This keeps it a two-wall dance

# FINAL C

On the final section (Part C) the music runs out after count 16. Simply stop sharp and throw your arms in the air.